

Somesta® combines quality natural ingredients to combat occasional sleeplessness on a long term basis: compounds such as melatonin are commonly found in healthy people, however many individuals do not produce enough of these compounds, and as a result experience trouble falling asleep and sleeping through the night.*

The ingredients in Somesta® have been carefully balanced to complement each other and produce positive results in a relatively short time.

Suggested Use: Take 1 capsule, one half hour before sleeping, preferably on an empty stomach.

Note: If you are pregnant or lactating, consult a health care professional before using this product. Keep out of the reach of children. Store in a cool dry place. Do not use this product if the safety seal if the bottle is broken.

Distributed by Newton-Everett Biotech®
Made in USA www.newton-everett.com



newtoneverett®

SOMesta®

(MELATRYPTOPHAN 625MG)

Restful Sleep

- ▶ Helps you Relax
- ▶ Combats Stress
- ▶ No Side Effects

30 Capsules

Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule

Amount per Serving	%Daily Value	
Niacin (as Inositol hexanicotinate)	5mg	25%
Vitamin B6 (as Pyridoxine HCL)	5mg	250%
L-Tryptophan	500mg	†
Chamomile Extract	25mg	†
Valerian Extract	25mg	†
Melatonin	1mg	†
Inositol (from Inositol Hexanicotinate)	1.4mg	†

†Daily Value not established

Other Ingredients: Cellulose, microcrystalline cellulose, silicon dioxide, magnesium stearate, hydroxypropyl cellulose.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.