



valerian

Suggested Daily Intake: Take one (1) capsule, one to two times daily as needed.



valériane

Dosage Journalier Recommandé: Prendre une (1) capsule, une à deux fois par jour selon vos besoins.



valeriana

Consumo Quotidiano Raccomandato: Prendere una (1) capsula due volte al giorno secondo le necessità.



baldrian

Vorgeschlagene tägliche Einnahme: Nehmen Sie 1 Kapsel, je nach Bedarf, ein bis zwei mal pro Tag.



valeriana

Dosis diaria recomendada: Tome una (1) cápsula, una o dos veces al día, según sus necesidades.



valeriana

Dose Diária Recomendada: Tome 1 cápsula de uma a duas vezes por dia conforme necessário.

BIOVEA®

valerian

guaranteed premium quality

250mg
dietary
supplement

120
capsules



Supplement Facts

Serving Size: One (1) VCap
Servings Per Container: 120

	Amount Per Serving	% DV
Valerian (root) (0.8% valerenic acids, 2mg)	250mg	*

*Daily Value (DV) not established.

Other Ingredients: Cellulose, rice flour, magnesium stearate, microcrystalline cellulose.

Warning: If you are pregnant or lactating, consult a health care professional before using this product. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.