

**PRODUCT BENEFITS:** As an important dietary source of Iron, Iron Plex® contains Iron Bis-Glycinate, a well-tolerated form of Iron that is gentle to your system.\* Iron is a necessary component of hemoglobin, the oxygen carrier in the blood.\* Iron is also important for energy utilization.\*

**Directions:** For adults, take one (1) capsule daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**PROD. NO. 1585**

To refill please call 1-800-765-6775  
or visit [www.physiologics.com](http://www.physiologics.com)

Carefully Manufactured by PhysiLogics, LLC  
One Nutrition Plaza, Carbondale, IL 62901 U.S.A.



B1602

10H

Physio**Logics**®

**Iron Plex**®

**Supports Energy Utilization\***

Dietary Supplement  
**90 Capsules**

## Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving               | %Daily Value |      |
|----------------------------------|--------------|------|
| Vitamin C (as Ascorbic Acid)     | 60 mg        | 100% |
| Folic Acid                       | 400 mcg      | 100% |
| Vitamin B-12 (as Cyanocobalamin) | 8 mcg        | 133% |
| Iron (as Ferrous Bis-Glycinate)  | 28 mg        | 156% |

**Other Ingredients:** Cellulose (Plant Origin), Gelatin, Croscarmellose. **Contains <2% of:** Dicalcium Phosphate, Mannitol, Silica, Vegetable Magnesium Stearate.

**FREE OF:** artificial color, artificial flavor, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

**TAMPER RESISTANT:** Do not use if seal under cap is broken or missing.  
**KEEP OUT OF REACH OF CHILDREN.** Store at room temperature and avoid excessive heat.

**Laboratory Tested to Guarantee Quality  
For Health Care Professional Use Only**

©PhysioLogics, 2011