



PURE L-GLUTAMINE FREE FORM AMINO POWDER

• No added fillers • No flow agents • No driers • No other ingredients

Ingredients: L-Glutamine Free Form Amino Powder.

Suggested Use: The amount of Glutamine you take depends on how intense you train & what foods are in your diet. Ideally, you should split the dosage into 3-5 doses daily totaling 5-15 grams. Experiment with your own dosages to see what works best for you. As with all of our powders, a micro scale is strongly recommended for proper dosage.

Storage: Store in a cool & dry place. Keep away from strong light & heat.

Disclaimer: These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: A scale is required for accurate measurements. Keep away from children. Do not take this or any other supplement if you are pregnant or nursing. Do not take if you have high blood pressure or any medical complications. Always consult with your physician before taking any new dietary supplements.

Expiration date on back of pouch.

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DIETARY SUPPLEMENT

USP-FCC

NET WT. 500G (1.1 LB)

Supplement Facts

Serving Size: 1000 mg

Servings per container: About 500

Amount
Per serving % Daily
Value**

L-Glutamine

1000 mg

*

* No Daily Value Established

** Based on a 2,000 calorie diet

Ingredients: L-Glutamine Free Form Amino Powder

Suggested Use: As a dietary supplement, take 1000mg dosages 5 times daily or dosage that equals 5000mg throughout the day.

Allergens: This product contains NO Soy, Milk & Byproducts, Eggs, Fish, Shellfish, Wheat, Gluten, Tree Nuts, or Sesame Seeds.

This is a NON-GMO ingredient produced with organic material.

Storage: Store in a cool & dry place. Keep away from direct sunlight and heat.

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WARNING: A micro scale is required for accurate measurements. Keep away from children. Do not take this or any other supplement if you are pregnant or nursing, have high blood pressure or taking other prescription drugs. Always consult with a physician before taking any new dietary supplement.

Lot Number:
Expiration Date:

