

E PHARMA GRADE POWDER

· No added fillers · No flow agents · No driers · No other ingredients

Ingredients: Inositol Powder Pharma Grade

Suggested use: The commonly recommended dose for Inositol can be as little as 500 milligrams to as much as 12 grams or more per day. Use 1 to 3 grams daily as a sleep and more for controlling anxiety. For reference, one teaspoon is approximately 5 grams.

Storage: Store in a cool and dry place. Keep away from strong light and heat.

Disclaimer: These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: A scale is required for accurate measurements. Keep away from children. Do not take this or any other supplement if you are pregnant or nursing. Do not take if you have high blood pressure or any medical complications. Always consult with your physician before taking any new dietary supplements.

Expiration date on back of pouch.

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DIETARY SUPPLEMENT USP-FCC NET WT. 500G (1.1 LB)

Supplement Facts

Serving Size: 500mg
Servings per container: About 1000

Amount % Daily Value**

Inositol

500 mg

*

- * No Daily Value Established
- ** Based on a 2,000 calorie diet

Ingredients: Inositol Powder

Suggested Use: As a dietary supplement, take 500mg daily or as

directed by your physican.

Allergens: This product contains NO Soy, Milk & Byproducts, Eggs, Fish, Shellfish, Wheat, Gluten, Tree Nuts, or Sesame Seeds.

This is a NON-GMO ingredient produced with organic material.

Storage: Store in a cool & dry place. Keep away from direct sunlight and heat.

Disclaimer: These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any diseases.

WARNING: A micro scale is required for accurate measurements. Keep away from children. Do not take this or any other supplement if you are pregnant or nursing, have high blood pressure or taking other prescription drugs. Always consult with a physician before taking any new dietary supplement.

Lot Number: Expiration Date:

