Adults take 2 capsules in the morning and 1 capsule in the evening between meals or as directed by your health care provider.

Not recommended during pregnancy or nursing without consulting your health care provider prior to use. Keep away from children. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ - deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured exclusively by Gaia Herbs, Inc.

> Contains no animal by-products and no gelatin

Tested FREE of **Heavy Metal Toxicity**





THYROID SUPPORT

Liquid Phyto-Caps™

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

Supplement Facts

Daily Serving Size 3 Capsules Servings Per Container 20

AMOUNT PER SERVING

Calories 15

somniferal

L-Tyrosine Ashwagandha root extract + (Withania

Seaweed Blend (Kelp fronds + (Laminaria digitata) Bladderwrack fronds + [Fucas vesiculosus]]

(0.15 mg+ iodine from seaweed blend PROPRIETARY EXTRACT BLEND:

645 mat Coleus root + (Coleus forskohlii), Schisandra berry + (Schisandra chinensis)

†Daily Value not established

Other ingredients: Vegetable glycerin, soy lecithin (non-GMO, capsule (chlorophyll vegetable cellulose)

+ = Ecologically Harvested

Each 3 capsules contain 2,700 mg dry herb equivalent. Gaia Herbs Liquid Phyto-Caps™ U.S. Patent No. 6,238,696 B1

300 mat

120 mat

150 mat