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**prenatal multivitamin with dha**  
**Suggested Daily Intake:** Take three (3) tablets daily with meals.

**multi vitamines prénatales avec dha**  
**Dosage Journalier Recommandé:** Prendre trois (3) comprimés par jour au cours des repas.

**multivitaminata prenatale con dha**  
**Consumo Quotidiano Raccomandato:** Prendere tre (3) compresse al giorno con i pasti.

**pränatal multivitamin mit dha**  
**Vorgeschlagene tägliche Einnahme:** Nehmen Sie 3 Tabletten täglich mit einer Mahlzeit ein.

**multivitaminata prenatal con dha**  
**Dosis diaria recomendada:** Tome tres (3) comprimidos al día con las comidas.

**multivitaminata pré-natal com dha**  
**Dose Diária Recomendada:** Tome 3 tabletes por dia com as refeições.

**Warning:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately. Do not take this product if you are allergic to fish. If you are pregnant or lactating, consult a health care professional before using this product. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

BIOVEA®

# prenatal multi with dha

guaranteed premium quality

dietary  
supplement

90  
tablets



## Supplement Facts

Serving Size: 3 Tablets  
Servings Per Container: 30

| Amount Per Serving                              | % Daily Value<br>for Pregnant Women | % Daily Value | Amount Per Serving                                                                                                                                                    | % Daily Value<br>for Pregnant Women | % Daily Value |
|-------------------------------------------------|-------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|---------------|
| Vitamin A (as 80% beta-carotene, 20% palmitate) | 5000 IU 63%                         | 100%          | Copper (as copper amino acid chelate)                                                                                                                                 | 0.1mg 5%                            | 5%            |
| Vitamin C (as calcium ascorbate)                | 60mg 100%                           | 100%          | Manganese (as manganese sulfate)                                                                                                                                      | 10mg **                             | 500%          |
| Vitamin D3 (as cholecalciferol)                 | 100 IU 25%                          | 25%           | Chromium (as chromium picolinate)                                                                                                                                     | 50mcg **                            | 42%           |
| Vitamin E (as d-alpha tocopheryl succinate)     | 30 IU 100%                          | 100%          | Molybdenum (as molybdenum amino acid chelate)                                                                                                                         | 10mcg **                            | 13%           |
| Vitamin K (as phytonadione)                     | 30mcg **                            | 38%           | Potassium (as potassium chloride)                                                                                                                                     | 50mg **                             | 1%            |
| Thiamin (as thiamine mononitrate)               | 10mg 588%                           | 667%          | <b>Proprietary Superfood Blend</b> Spirulina, barley grass, alfalfa (leaf), red raspberry (leaf), chamomile (flower), spinach (leaf), horsetail (herb), apple pectin. | 1345mg **                           | *             |
| Riboflavin                                      | 10mg 500%                           | 588%          | L-Taurine                                                                                                                                                             | 50mg **                             | *             |
| Niacin (as niacinamide)                         | 20mg 100%                           | 100%          | Citrus Bioflavonoids                                                                                                                                                  | 50mg **                             | *             |
| Vitamin B6 (as pyridoxine HCl)                  | 10mg 400%                           | 500%          | DHA (from fish oil)                                                                                                                                                   | 25mg **                             | *             |
| Folic Acid                                      | 800mcg 100%                         | 200%          | Choline (as choline bitartrate)                                                                                                                                       | 20mg **                             | *             |
| Vitamin B12 (as cyanocobalamin)                 | 50mcg 625%                          | 633%          | Inositol                                                                                                                                                              | 20mg **                             | *             |
| Biotin                                          | 300mcg 100%                         | 100%          | Rutin                                                                                                                                                                 | 15mg **                             | *             |
| Pantothenic Acid (as d-calcium pantothenate)    | 30mg 300%                           | 300%          | Para-aminobenzoic acid (PABA)                                                                                                                                         | 100mcg **                           | *             |
| Calcium (as calcium citrate, calcium ascorbate) | 600mg 46%                           | 60%           | Octacosanol                                                                                                                                                           | 100mcg **                           | *             |
| Iron (as ferrous fumarate)                      | 18mg 100%                           | 100%          | Protease                                                                                                                                                              | 3000 HUT **                         | *             |
| Iodine (from kelp)                              | 150mcg 100%                         | 100%          | Amylase                                                                                                                                                               | 200 DU **                           | *             |
| Magnesium (as magnesium oxide)                  | 300mg 67%                           | 75%           | Lipase                                                                                                                                                                | 5 LU **                             | *             |
| Zinc (as zinc oxide)                            | 15mg 100%                           | 100%          | Cellulase                                                                                                                                                             | 4 CU **                             | *             |
| Selenium (as selenomethionine)                  | 50mcg **                            | 71%           |                                                                                                                                                                       |                                     |               |

\* Daily Value not established  
\*\* Daily Value not established for pregnant women  
**Other Ingredients:** Croscarmellose sodium, stearic acid, silica, magnesium stearate, modified cellulose, vegetable coating, microcrystalline cellulose.  
**Allergen Information:** Contains fish ingredients (derived from anchovy, sardine, and/or mackerel).

BIOVEA®

# folic acid

guaranteed premium quality

800mcg  
dietary  
supplement

250  
tablets



## Supplement Facts

Serving Size: One (1) Tablet  
Servings Per Container: 250

|            | Amount Per Serving | % DV |
|------------|--------------------|------|
| Folic Acid | 800mcg             | 200% |

\*Daily Value (DV) not established.

**Other Ingredients:** Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, silica.

**Warning:** If you have pregnant, nursing, have any health condition or are taking any medications, consult a health care professional before using this product. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

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Vegan Product



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**folic acid**  
**Suggested Daily Intake:** Take 1 tablet daily with a meal.

**acide folique**  
**Dosage Journalier Recommandé:** Prendre 1 comprimé par jour au cours d'un repas.

**acido folico**  
**Consumo Quotidiano Raccomandato:** Prendere 1 compressa al giorno con un pasto.

**folsäure**  
**Vorgeschlagene tägliche Einnahme:** Nehmen Sie täglich 1 Tablette zusammen mit einer Mahlzeit ein.

**ácido fólico**  
**Dosis diaria recomendada:** Tome 1 comprimido al día con las comidas.

**ácido fólico**  
**Dose Diária Recomendada:** Tome uma (1) tablete diariamente por com uma refeição.