

Essential vitamins & minerals

Prenatal

High Folic Acid, Iron & Zinc

Nature Made Prenatal is a complete multivitamin with key vitamins and minerals necessary for the good health of pregnant and lactating women. This formula is rich in:

Folic Acid – important in the healthy development of the nervous system and fetus. Adequate Folic Acid in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.

Iron – essential to a healthy pregnancy and healthy baby - supporting energy and healthy development of the fetus†

Zinc – for healthy fetal growth†

Vitamin D – important for bone health and the development of mother and fetus†

SUGGESTED USE: For best results, take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place.

Do not use if imprinted seal under cap is broken or missing.

◇Valid only for U.S. and Puerto Rico residents.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

List No. 1499 P35 Cat. A381 1A072



Complete Multi For Pregnant & Lactating Women

Prenatal

High Folic Acid, Iron & Zinc

Nature Made knows that pregnant and lactating women have special needs for the development of their child. Nature Made formulated **Multi Prenatal** with those needs in mind.

- Complete Multi Vitamin/Mineral
- High Folic Acid content (100% of the Daily Value for pregnant and lactating women), which is important in the healthy development of the nervous system and fetus
- Provides additional Iron needed to support a healthy pregnancy and healthy baby†
- Provides additional Zinc for healthy fetal growth†

Oil- and Water-soluble Vitamins with Minerals Tablets USP

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.

www.uspverified.org

Nature Made

MULTI Prenatal

◇Enter Code for Wellness Rewards Points at www.NatureMade.com

CNTY-B2D1

Nature Made

MULTI Prenatal

Complete Multi Vitamin/ Mineral

HIGH FOLIC ACID, IRON & ZINC



Formulated for
EASY ABSORPTION

DIETARY SUPPLEMENT
90 TABLETS

For Pregnant & Lactating Women

No Artificial Colors • No Artificial Flavors
No Preservatives • No Yeast or Gluten

Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% Daily Value for Pregnant and Lactating Women
Vitamin A 4,000 I.U.	50%
100% Beta Carotene	
Vitamin C 100 mg	167%
Vitamin D3 400 I.U.	100%
Vitamin E 11 I.U.	37%
Thiamin 1.5 mg	88%
Riboflavin 1.7 mg	85%
Niacin 18 mg	90%
Vitamin B6 2.6 mg	104%
Folic Acid 800 mcg	100%
Vitamin B12 4 mcg	50%
Calcium 250 mg	19%
Iron 27 mg	150%
Zinc 25 mg	167%

INGREDIENTS: Calcium Carbonate, Cellulose Gel, Ascorbic Acid, Ferrous Fumarate, Zinc Oxide, Maltodextrin, Niacinamide, Corn Starch, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, dl-Alpha Tocopheryl Acetate, Silicon Dioxide, Magnesium Stearate, Pyridoxine Hydrochloride, Beta Carotene, Thiamin Mononitrate, Riboflavin, Polyethylene Glycol, Folic Acid, Vitamin D3 (Cholecalciferol), Cyanocobalamin.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Distributed by: **Nature Made Nutritional Products**
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

List No. 1499
L25
Cat. A381
5A007

Nature Made

MULTI Prenatal



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