

RECOMMENDATIONS:

Adults take 1 capsule 3 times daily between meals or as directed by your health care provider.

Keep away from children. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured exclusively by Gaia Herbs, Inc.

**Contains no animal
by-products and no gelatin**

**Tested FREE of
Heavy Metal Toxicity**



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HERBS | PROFESSIONAL
SOLUTIONS

LACTATE SUPPORT

Liquid Phyto-Caps™

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Daily Serving Size 3 Capsules

Servings Per Container 20

AMOUNT PER SERVING

Calories 30

PROPRIETARY EXTRACT BLEND: 1296 mg†

Fenugreek seed ▲ (*Trigonella foenum-graecum*), Fennel seed ▲ (*Foeniculum vulgare*), Red Raspberry leaf ▲ (*Rubus idaeus*), Blessed Thistle herb ▲ (*Cnicus benedictus*), Marshmallow root fresh ▲ (*Althaea officinalis*)

†Daily Value not established

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose)

▲ = Certified Organic Ingredient

Each 3 capsules contain 3,345 mg dry herb equivalent
Gaia Herbs Liquid Phyto-Caps™ U.S. Patent No. 6,238,696 B1

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Best By:

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