## RECOMMENDATIONS:

Adults take 1 capsule 2 times daily between meals or as directed by your

health care provider. Not recommended during pregnancy or nursing without consulting your health care provider prior to use. **Keep away from children**. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS® deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured

> Tested FREE of **Heavy Metal Toxicity**

Contains no animal by-products and no gelatin

exclusively by Gaia Herbs, Inc.





## **HOLY BASIL**

Liquid Phyto-Caps®

Purity. Integrity. Potency. 60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

Supplement Facts

Daily Serving Size 2 Capsules Servings Per Container 30

AMOUNT PER SERVING

Calories 20

Holy Basil leaf extract ▲ (Ocimum sanctum) 584 mg†

Holy Basil leaf Supercritical extract + (Ocimum sanctum)

(17 mg† eugenols from both extracts)

† Daily Value not established.

Other ingredients: Vegetable glycerin, soy lecithin (non-GMO), capsule (vegetable cellulose)

▲= Organic Ingredient += Ecologically Harvested

Each 2 capsules contain 5.000 mg dry herb equivalent Gaia Herbs Liquid Phyto-Caps® U.S. Patent No. 6,238,696 B1

380 mg†

Best By: