

PRODUCT BENEFITS: Flaxseed Oil is an edible oil derived from the seeds of the Flax plant (*Linum usitatissimum*) and is one of the best plant sources of the Omega-3 fatty acid Alpha-Linolenic Acid available. Naturally occurring constituents in Flaxseed Oil may help to balance the production of prostaglandins and support cardiovascular health.*

Directions: For adults, take two (2) softgels one to two times daily, preferably with meals or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROD. NO. 50322

To refill please call 1-800-765-6775
or visit www.physiologics.com

Carefully Manufactured by PhysioLogics, LLC
One Nutrition Plaza, Carbondale, IL 62901 U.S.A.



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PhysioLogics®

High Lignan Flaxseed Oil 1250 mg

**Natural Source of
Omega-3 Fatty Acids**

Supports Cardiovascular Health*

**Dietary Supplement
120 Softgels**



Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	%Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1.5 g	2%**
Polyunsaturated Fat	<1 g	***
Monounsaturated Fat	0.5 g	***
Organic High Lignan Flaxseed Oil	2,500 mg (2.5 g)	***
which typically contains:		
Alpha-Linolenic Acid 1,250 mg		***
Linoleic Acid 275 mg		***
Other Fatty Acids 400 mg		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Caramel Color.

FREE OF: artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store in a dry place and avoid excessive heat.

**Laboratory Tested to Guarantee Quality
For Health Care Professional Use Only**

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