



 friendly-c (esterified vitamin c)

Suggested Daily Intake: Take one (1) tablet, up to two times daily, preferably with a meal.

 friendly-c (vitamine c estérifiée)

Dosage Journalier Recommandé: Prendre 1 comprimé, jusqu'à deux fois par jour, de préférence au cours d'un repas.

 friendly-c (vitamina c esterificata)

Consumo Quotidiano Raccomandato: Prendere una (1) compressa, fino a due volte al giorno, preferibilmente con un pasto.

 friendly-c (verestertes vitamin c)

Vorgeschlagene tägliche Einnahme: Nehmen Sie bis zu 2x täglich 1 Tablette nach Wahl mit einer Mahlzeit ein.

 friendly-c (vitamina c esterificada)

Dosis diaria recomendada: Tomar un comprimido, hasta dos veces al día, de preferencia durante una comida.

 friendly-c (vitamina c esterificada)

Dose Diária Recomendada: Tome 1 (um) comprimido até duas vezes por dia, de preferencia durante a refeição.

Warning: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

BIOVEA

friendly-c
(esterified vitamin c)
time release

guaranteed premium quality

500mg
dietary
supplement

180
tablets



Supplement Facts

Serving Size: One (1) Tablet

Servings Per Container: 180

	Amount Per Serving	% DV
Vitamin C (from Calcium Ascorbate, Ascorbyl Palmitate)	500mg	833%
Thiamin (from Thiamin Hydrochloride)	0.75mg	50%
Riboflavin	0.85mg	50%
Niacin (as Niacinamide)	10mg	50%
Vitamin B6 (from Pyridoxine Hydrochloride)	1mg	50%
Folic Acid	200mcg	50%
Vitamin B12 (Cyanocobalamin)	3mcg	50%
Biotin	150mcg	50%
Calcium (from Calcium Ascorbate)	50mg	5%
Zinc (from Zinc Oxide)	7.5mg	50%
Citrus Bioflavonoid Complex (may be derived from Lemon, Orange, Lime, Tangerine)	200mg	*

*Daily Value (DV) not established.

Other Ingredients: Cellulose, Hypromellose, Stearic Acid, Dibasic Calcium Phosphate, Silica, Natural Food Glaze, Methylcellulose, Magnesium Stearate, Glycerin.

No yeast, wheat, corn, milk, egg, soy, glutens, artificial colours or flavours, added sugar, starch or preservatives.