



 **prenatal multivitamin with dha**  
**Suggested Daily Intake:** Take three (3) tablets daily with meals.

 **multi vitamines prénatales avec dha**  
**Dosage Journalier Recommandé:** Prendre trois (3) comprimés par jour au cours des repas.

 **multivitaminata prenatale con dha**  
**Consumo Quotidiano Raccomandato:** Prendere tre (3) compresse al giorno con i pasti.

 **pränatal multivitamin mit dha**  
**Vorgeschlagene tägliche Einnahme:** Nehmen Sie 3 Tabletten täglich mit einer Mahlzeit ein.

 **multivitaminata prenatal con dha**  
**Dosis diaria recomendada:** Tome tres (3) comprimidos al día con las comidas.

 **multivitaminata pré-natal com dha**  
**Dose Diária Recomendada:** Tome 3 tabletes por dia com as refeições.

**Warning:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately. Do not take this product if you are allergic to fish. If you are pregnant or lactating, consult a health care professional before using this product. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Do not use this product if the safety seal on the bottle is broken.

# BIOVEA®

## prenatal multi with dha

guaranteed premium quality

dietary  
supplement

90  
tablets



### Supplement Facts

Serving Size: 3 Tablets  
Servings Per Container: 30

| Amount<br>Per Serving                              | % Daily Value<br>for Pregnant Women | % Daily<br>Value | Amount<br>Per Serving                                                                                                                                                              | % Daily Value<br>for Pregnant Women | % Daily<br>Value |
|----------------------------------------------------|-------------------------------------|------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------|
| Vitamin A (as 80%<br>beta-carotene, 20% palmitate) | 5000 IU                             | 63% 100%         | Copper<br>(as copper amino acid chelate)                                                                                                                                           | 0.1mg                               | 5% 5%            |
| Vitamin C<br>(as calcium ascorbate)                | 60mg                                | 100% 100%        | Manganese<br>(as manganese sulfate)                                                                                                                                                | 10mg                                | ** 500%          |
| Vitamin D3<br>(as cholecalciferol)                 | 100 IU                              | 25% 25%          | Chromium<br>(as chromium picolinate)                                                                                                                                               | 50mcg                               | ** 42%           |
| Vitamin E<br>(as d-alpha tocopheryl succinate)     | 30 IU                               | 100% 100%        | Molybdenum<br>(as molybdenum amino acid chelate)                                                                                                                                   | 10mcg                               | ** 13%           |
| Vitamin K<br>(as phytonadione)                     | 30mcg                               | ** 38%           | Potassium<br>(as potassium chloride)                                                                                                                                               | 50mg                                | ** 1%            |
| Thiamin<br>(as thiamine mononitrate)               | 10mg                                | 568% 667%        | <b>Proprietary<br/>Superfood Blend</b> Spirulina, barley grass,<br>alfalfa (leaf), red raspberry (leaf), chamomile<br>(flower), spinach (leaf), horsetail (herb),<br>apple pectin. | 1345mg                              | ** *             |
| Riboflavin<br>(as riboflavin)                      | 10mg                                | 500% 568%        | L-Taurine                                                                                                                                                                          | 50mg                                | ** *             |
| Niacin (as niacinamide)                            | 20mg                                | 100% 100%        | Citrus Bioflavonoids                                                                                                                                                               | 50mg                                | ** *             |
| Vitamin B6<br>(as pyridoxine HCl)                  | 10mg                                | 400% 500%        | DHA (from fish oil)                                                                                                                                                                | 25mg                                | ** *             |
| Folic Acid                                         | 800mcg                              | 100% 200%        | Choline<br>(as choline bitartrate)                                                                                                                                                 | 20mg                                | ** *             |
| Vitamin B12<br>(as cyanocobalamin)                 | 50mcg                               | 625% 633%        | Inositol                                                                                                                                                                           | 20mg                                | ** *             |
| Biotin                                             | 300mcg                              | 100% 100%        | Rutin                                                                                                                                                                              | 15mg                                | ** *             |
| Pantothenic Acid<br>(as d-calcium pantothenate)    | 30mg                                | 300% 300%        | Para-aminobenzoic acid (PABA)                                                                                                                                                      | 10mg                                | ** *             |
| Calcium<br>(as calcium citrate, calcium ascorbate) | 600mg                               | 46% 60%          | Octacosanol                                                                                                                                                                        | 100mcg                              | ** *             |
| Iron<br>(as ferrous fumarate)                      | 18mg                                | 100% 100%        | Protease                                                                                                                                                                           | 3000 HUT                            | ** *             |
| Iodine (from kelp)                                 | 150mcg                              | 100% 100%        | Amylase                                                                                                                                                                            | 200 DU                              | ** *             |
| Magnesium<br>(as magnesium oxide)                  | 300mg                               | 67% 75%          | Lipase                                                                                                                                                                             | 5 LU                                | ** *             |
| Zinc (as zinc oxide)                               | 15mg                                | 100% 100%        | Cellulose                                                                                                                                                                          | 4 CU                                | ** *             |
| Selenium<br>(as selenomethionine)                  | 50mcg                               | ** 71%           |                                                                                                                                                                                    |                                     |                  |

\* Daily Value not established  
\*\* Daily Value not established for pregnant women

**Other Ingredients:** Croscarmellose sodium, stearic acid, silica, magnesium stearate, modified cellulose, vegetable coating, microcrystalline cellulose.

**Allergen Information:** Contains fish ingredients (derived from anchovy, sardine, and/or mackerel).