

PRODUCT BENEFITS: Flaxseed Oil is a great plant source of the Omega-3, Omega-6, and Omega-9 polyunsaturated fatty acids. The Flaxseed Oil that is used in this product is produced using a unique cold processing method. The organic flaxseeds are pressed at very cold temperatures and are processed without solvents. In addition, the oil for our softgels is dispensed and processed under a nitrogen blanket to safeguard it from oxygen exposure, then encased in an amber-colored gelatin shell to continue to protect the active elements from white light. This ensures that our Flaxseed Oil retains its integrity.

Directions: For adults, take one (1) softgel two to three times daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROD. NO. 55219

To refill please call 1-800-765-6775
or visit www.physiologics.com

Carefully Manufactured by PhysioLogics, LLC
One Nutrition Plaza, Carbondale, IL 62901 U.S.A.



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06G

Physio**Logics**®

Flaxseed Oil 1200 mg

Cold Pressed and Solvent Free

**Contains Nutrients For
Heart Health***

Dietary Supplement
120 Softgels



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	<1 g	***
Flaxseed Oil	1,200 mg (1.2 g)	***
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	540 mg	***
Linoleic Acid (Omega-6)	132 mg	***
Oleic Acid (Omega-9)	132 mg	***
Other Fatty Acids	60 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Caramel Color.

FREE OF: artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store in a dry place and avoid excessive heat.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

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