

RECOMMENDATIONS:

Adults take 1 capsule 2 times daily between meals or as directed by your health care provider.

*Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

LIQUID PHYTO-CAPS® deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured exclusively by Gaia Herbs, Inc.

**Contains no animal
by-products and no gelatin**

Tested **FREE of
Heavy Metal Toxicity**



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HERBS | PROFESSIONAL
SOLUTIONS

BLACK COHOSH

Liquid Phyto-Caps®

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Daily Serving Size 2 Capsules

Servings Per Container 30

AMOUNT PER SERVING

Calories 10

Black Cohosh root extract ▲	800 mg†
(<i>Actaea racemosa</i>)	
(4 mg† triterpene glycosides)	

†Daily Value not established.

Other ingredients: Vegetable glycerin, soy lecithin (non-GMO), capsule (vegetable cellulose)

▲ = Organic Ingredient

Gaia Herbs Liquid Phyto-Caps® U.S. Patent No. 6,238,696 B1

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Best By:

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