



HEALTH FROM THE
SUN.

OMEGA 3-6-9

DIETARY SUPPLEMENT

**THE
TOTAL
EFA™**

**ORGANIC
VEGETARIAN**

**FLAX • BORAGE
EVENING PRIMROSE**

**WHOLE BODY
NUTRITIONAL SUPPORT**

with Flax Lignans

OMEGA-3 5,800 MG

GLA 290 MG

8 FL. OZ. (236 ML)

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take one tablespoon daily with a meal or as directed by your health care practitioner. Shake well before each use. Refrigerate after opening.

Supplement Facts

Serving Size 1 Tbsp. (15 mL)

Servings Per Container About 15

	Amount Per Serving	% Daily Value
Calories	130	
Calories from Fat	120	
Total Fat	14 g	22%†
Saturated Fat	1.5 g	8%†
Organic Flaxseed Oil and Particulate	12.2 g	*
Organic Borage Seed Oil	1,400 mg	*

	Amount Per Serving	% Daily Value
Organic Evening Primrose Seed Oil	580 mg	*
--Alpha-Linolenic Acid (omega-3)	5,800 mg	*
--Gamma-Linolenic Acid (omega-6)	290 mg	*
--Linoleic Acid (omega-6)	2,300 mg	*
--Oleic Acid (omega-9)	1,700 mg	*

†Percent Daily Value based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Antioxidant blend to protect freshness.

Discussion: The Total EFA™ 100% vegetarian liquid is a comprehensive, purely plant-based omega 3-6-9 nutritional supplement, fortified with lignan-rich flax particulate. The Total EFA™ is a blend of certified organic flax, borage and evening primrose oils. Together, these potent plant oils supply an optimal fatty acid profile, intended to provide nutritional support for heart, brain and whole body health in just one tablespoon per serving. The superior flavor and freshness of The Total EFA™ is preserved with a special antioxidant blend and nitrogen-flushed, induction-sealed bottle. **Enjoy The Total EFA™ by the spoonful or add to smoothies, dips or dressings for easy omega nutrition. This product is shelf stable until opened.**

Rigorously **quality** tested to guarantee **purity**, potency and **truth-in-labeling**.

Mfd. for Nutraceutical Corp.

www.nutraceutical.com

Comments or Questions:

Health From The Sun
Maynard, MA 01754 USA ©2011
(800) 447-2249 www.healthfromthesun.com

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