



WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take three soft gels daily with meals or as directed by your health care practitioner. Keep out of sunlight. Store in a cool, dry place.

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	40	
Calories from Fat	35	
Total Fat	4 g	6%†
Saturated Fat	0.5 g	3%†
Cholesterol	10 mg	3%
Protein	1 g	2%†
Vitamin E (mixed tocopherols)	30 IU	100%
Fish Oil Concentrate (sardine and anchovy)	1,500 mg	*
Organic Flax Seed Oil**	1,200 mg	*
Borage Seed oil	1,150 mg	*
--Alpha Linolenic Acid (omega-3)	675 mg	*
--Eicosapentaenoic Acid (omega-3)	435 mg	*
--Docosahexaenoic Acid (omega-3)	285 mg	*
--Gamma-Linolenic Acid (omega-6)	270 mg	*
--Linoleic Acid (omega-6)	315 mg	*
--Oleic Acid (omega-9)	270 mg	*

†Percent Daily Value based on a 2,000 calorie diet.
 *Daily Value not established.

Other Ingredients: Gelatin (porcine), glycerin and water.

Discussion: The Total EFA™ Maximum Omega 3-6-9 supplies a daily amount of essential fatty acids (EFAs) in a well-balanced ratio of omega-3-6 and 9. The Total EFA™ Maximum Omega 3-6-9 provides the additional health benefits of a super potent fish oil concentrate purified by molecular distillation. With more omega-3 EPA and DHA than most other combination oils, plus omega-6 GLA and omega-9 Oleic Acid, The Total EFA™ Maximum Omega 3-6-9 is a comprehensive and complete blend of EFA nutritional oils for your overall health and well-being.

Rigorously quality tested to guarantee purity, potency and truth-in-labeling.

Product of Canada
 **Certified Organic by QAI.

Mfd. for Nutraceutical Corp.

www.nutraceutical.com

Comments or Questions:
 Health From The Sun
 Maynard, MA 01754 USA ©2011
 (800) 447-2249
www.healthfromthesun.com



6202983 0211