

HEALTH FROM THE
SUN

OMEGA 3-6-9

DIETARY SUPPLEMENT

**THE
TOTAL EFA™**

**ORIGINAL BLEND
FISH • FLAX • BORAGE**

**Whole Body Nutritional Support
Guaranteed Pure**

OMEGA-3 1,260 MG

GLA 270 MG

90 SOFTGELS

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take three softgels daily with meals or as directed by your health care practitioner. Keep out of sunlight. Store in a cool, dry place.

Supplement Facts

Serving Size 3 Softgels

Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	40	
Calories from Fat	35	
Total Fat	3.5 g	5%†
Saturated Fat	0.5 g	3%†
Cholesterol	10 mg	3%
Protein	1 g	2%†
Vitamin E (mixed tocopherols)	30 IU	100%
Fish Oil Concentrate (sardine and anchovy)	1,250 mg	*
Borage Seed Oil	1,200 mg	*
Organic Flax Seed Oil**	1,200 mg	*
--Alpha-Linolenic Acid (omega-3)	675 mg	*
--Eicosapentaenoic Acid (omega-3)	345 mg	*
--Docosahexaenoic Acid (omega-3)	240 mg	*
--Gamma-Linolenic Acid (omega-6)	270 mg	*
--Linoleic Acid (omega-6)	615 mg	*
--Oleic Acid (omega-9)	510 mg	*

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Gelatin (porcine), glycerin and water.

Discussion: The Total EFA™ features an ideal ratio of omega-3-6-9 fatty acids sourced from pristine areas in nature. This uniquely balanced blend of borage oil, flax oil and molecularly distilled pure fish oil concentrate includes both EPA and DHA and is intended to provide nutritive support for healthy skin, flexible joints, a healthy heart and healthy memory function.

Rigorously **quality** tested to guarantee **purity, potency** and **truth-in-labeling**.

Product of Canada

**Certified organic by QAI.

Mfd. for Nutraceutical Corp.

www.nutraceutical.com

Comments or Questions:

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