

PLANT-BASED NUTRITION

Genesis Today's GenEssentials Greens is a premium blend of food-based nutrition made from organic green superfoods. It includes an alkalizing blend of green superfoods, vitamins, minerals and phytonutrients that support essential nutrition. Genesis Today's GenEssentials Greens delivers a healthy dose of dark green leafy vegetables in every serving.

ORGANIC & FREEZE-DRIED

Our formula is a blend of green superfoods freeze-dried to preserve all of the naturally-occurring precious nutrients in the foods. GenEssentials Greens is also vegetarian, soy-free and contains no added sugar.

THE GenEssentials™ PROGRAM

Genesis Today's GenEssentials Greens is one of several supplements in Genesis Today's GenEssentials plant-based nutrition line that is designed and formulated to support a healthy lifestyle. Each of Genesis Today's GenEssentials supplements is designed to work synergistically to help support your health and wellbeing. Genesis Today's GenEssentials Greens can be conveniently mixed with water or your favorite juice to provide essential nutrients.

SUPPORTS:

Daily Nutrition*

Cleansing & Detoxification*

Alkaline Balance*

Energy Levels*

- ✓ Alkaline
- ✓ Soy-Free
- ✓ Essential Nutrients*
- ✓ No Sugar Added
- ✓ 25 Billion Probiotics**

** CFUs represented are at time of manufacture.

Gluten Free

Genesis Today™

GenEssentials™
— PLANT-BASED NUTRITION —

GREENS

Concentrated Superfoods
With Organic Greens
DIETARY SUPPLEMENT

25
BILLION
PROBIOTICS*
PER SERVING

30-DAY SUPPLY

Supports:

DAILY NUTRITION*
CLEANSING & DETOXIFICATION*
ALKALINE BALANCE*
ENERGY LEVELS*

- ◆ No Synthetic Ingredients
- ◆ Vegetarian

NET WT. 15.5 OZ (440 g)

- ◆ 100% Food & Plant-Based
- ◆ Alkaline

WE DISCLOSE ALL INGREDIENTS

Supplement Facts

(FULL DISCLOSURE INGREDIENTS LIST)

Serving Size 1 Scoop or Tablespoon (15 g)

Servings Per Container 30

	Amount per serving	% Daily Value*
Calories	50	
Calories from fat	5	
Total Fat	0.4 g	<1%
Saturated Fat	0.1 g	<1%
Trans Fat	0 g	0%
Polysaturated Fat	0.08 g	↑
Monounsaturated Fat	0.3 g	↑
Total Carbohydrate	8 g	3%
Dietary Fiber	5 g	20%
Sugars	1 g	↑
Protein	3 g	6%
Vitamin A	2,500 IU	50%
Vitamin C	8 mg	13%
Vitamin K	90 mcg	113%
Thiamin	0.03 mg	2%
Riboflavin	0.12 mg	7%
Niacin	0.7 mg	4%
Vitamin B ₆	0.06 mg	3%
Folate	16.9 mcg	4%
Vitamin B ₁₂	3.7 mcg	62%
Calcium	207 mg	21%
Iron	11 mg	61%
Magnesium	34 mg	9%
Selenium	2.8 mcg	4%
Manganese	1.6 mg	80%
Sodium	77 mg	3%
Potassium	214 mg	6%
Omega-3 Fatty Acids	137 mg	↑
Omega-6 Fatty Acids	110 mg	↑
Omega-9 Fatty Acids	55 mg	↑

Genesis Today's Organic Super Land Plant Blend	4,717.5 mg
Organic Wheat Grass	600 mg
Organic Alfalfa Grass	600 mg
Organic Barley Grass	500 mg
Organic Oat Grass	500 mg
Alfalfa Sprout Powder	500 mg
Parsley	500 mg
Organic Spinach	500 mg
Beet Juice Powder	300 mg
Organic Green Kamut Grass	200 mg
Organic Broccoli Powder	162.5 mg
Organic Brussels Sprouts Powder	162.5 mg
Organic Tomato Powder	162.5 mg
Asparagus (freeze-dried)	10 mg
Broccoli (freeze-dried)	10 mg
Brussels Sprouts (freeze-dried)	10 mg

	Amount per serving	%DV*
Genesis Today's Super Sea Plant Blend 3,100 mg		
Spirulina	1,700 mg	†
Shattered Cell-Wall Chlorella	500 mg	†
Kelp	500 mg	†
Blue-Green Algae	100 mg	†
Sea Lettuce-Ulva, Giant Kelp	100 mg	†
Hydrilla	100 mg	†
Dulse	100 mg	†
Genesis Today's Digestion & Cleanse Support Blend** 4,144 mg		
Oat Fiber	2,900 mg	†
Organic Brown Rice Powder	825 mg	†
Chlorophyll Extract	100 mg	†
Organic Noni Fruit Concentrate	25 mg	†
Milk Thistle	25 mg	†
Licorice Extract	25 mg	†
Bromelain	25 mg	†
Papain	25 mg	†
Peppermint Powder	25 mg	†
Black Pepper Extract	10 mg	†
Leoflin (from sunflower)	25 mg	†
Bifidobacterium lactis	2.5 billion CFU	†
Bifidobacterium breve	2.5 billion CFU	†
Lactobacillus acidophilus	2.5 billion CFU	†
Lactobacillus casei subsp. casei	2.5 billion CFU	†
Lactobacillus casei subsp. rhamnosus	2.5 billion CFU	†
Lactobacillus paracasei	2.5 billion CFU	†
Lactobacillus plantarum	2.5 billion CFU	†
Lactobacillus delbrueckii subsp. bulgaricus	2.5 billion CFU	†
Lactobacillus salivarius	2.5 billion CFU	†
Streptococcus thermophilus	2.5 billion CFU	†
Lipase	150 FCCU	†
Protease 4.5	100 HUT	†
Protease 6.0	100 HUT	†
Cellulase	7 CU	†
Amylase	6 DU	†
Genesis Today's Immune & Adaptogen Support Blend 175 mg		
Suma Root Powder	25 mg	†
Purple Coneflower	25 mg	†
Shiitake Mushroom Powder	25 mg	†
Eleuthero Extract (root)	25 mg	†
Astragalus Extract (root)	25 mg	†
Licorice Extract	25 mg	†
Siberian Ginseng Powder	25 mg	†
Genesis Today's Circulatory & Antioxidant Support Blend 125 mg		
Organic Pomegranate Fruit Extract	25 mg	†
Organic Acerola Fruit Extract	25 mg	†
Maqui Fruit Extract (freeze-dried)	25 mg	†

	Amount per serving	% DV
Grape Seed Extract (92% proanthocyanidins)	25 mg	
Cayenne Pepper Powder	25 mg	
Genesis Today's Brain & Eye Support Blend	420 mg	
Organic Kale Powder	162.5 mg	
Organic Carrot Root Powder	162.5 mg	
Organic Goji Berry Powder	25 mg	
Bilberry Extract (25% anthocyanidins)	25 mg	
Ginkgo Biloba Extract	25 mg	
Kale (freeze-dried)	10 mg	
Carrot (freeze-dried)	10 mg	
Genesis Today's Longevity & Appearance Support Blend	1,530 mg	
Flax Seed Powder	1,400 mg	
Organic Acai Berry Powder (4:1 concentrate)	25 mg	
Organic Mangosteen Powder	25 mg	
Organic Strawberry Extract	25 mg	
Green Tea Extract	25 mg	
Rosehips Powder	25 mg	
Japanese Knotweed Extract (98% trans resveratrol)	5 mg	
Genesis Today's Brain Detox/Heavy Metal Phyto Chelator Support Blend	150 mg	
Cilantro	100 mg	
Wasabi	50 mg	

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Directions: Mix one (1) scoop (enclosed) of GenEssentials Greens into 6 to 8 oz. of your favorite juice, water or beverage of choice and stir briskly. Consume one or more servings daily. Enjoy and live long!

Sourced, Formulated, Quality Tested & Distributed by Genesis Today Inc.
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROPER CARE & STORAGE
After opening, store in your freezer (recommended) or refrigerator to maintain optimal freshness.

Each serving provides 15 grams of freeze-dried, certified organic, probiotic-enhanced greens and superfoods consisting of 76 total ingredients.



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