

SUGGESTED USAGE: As a dietary supplement, mix 2 level tablespoons daily into 8 oz. of water or your favorite beverage, or use as directed by your healthcare practitioner.

HOW IT WORKS: Scientific studies indicate that fruit and vegetable consumption can help to promote longevity and overall well-being.* However, it is difficult for even those leading healthy lifestyles to consume the recommended amount of fruits and vegetables each day. Phyto Fruit & Greens™ is formulated with over 40 natural ingredients, including alkalizing foods, such as superfruit extracts, green superfoods, and a fresh vegetable blend.* For enhanced digestive support, this product offers 2 grams of fiber, a blend of plant enzymes, and 10 probiotic strains.* Each serving of Phyto Fruit & Greens™ provides a full daily supply of Vitamin C and features a broad spectrum of phytonutrients from a variety of naturally healthful fruits, greens, and vegetables.*

CAUTIONS/INTERACTIONS: Some ingredients in this product may interact with anti-platelet and anti-coagulant medications (including warfarin, NSAIDs, clopidogrel, etc.), immunosuppressants, chemotherapy, and photosensitizing agents. Resveratrol may interact with certain drugs, including lovastatin, ketoconazole, Allegra®, and others. If you are taking any pharmaceutical medications, being treated for any medical conditions, or if you are pregnant/lactating, consult your healthcare practitioner before using this product. For more information on this product go to www.protocolforlife.com/P2711

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTOCOL

FOR LIFE BALANCE®

GLUTEN FREE

Phyto Fruit & Greens™

- Alkalizing Foods & Nutrients*
- Over 40 Natural Ingredients
- Great Berry Taste

Net Wt. 10 oz. (284 g)

A Dietary Supplement



Supplement Facts

Serving Size 2 Level Tablespoons (16 g)
Servings Per Container about 18

	Amount Per Serving	% Daily Value
Calories	60	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Total Carbohydrate	11 g	4%*
Dietary Fiber	2 g	8%*
Sugars	5 g	†
Protein	2 g	4%*
Vitamin C (from Organic Amla Extract)	60 mg	100%
Greens Blend:	2.05 g (2,050 mg)	†
Alfalfa Juice Concentrate, Organic Spirulina, Organic Chlorella (Broken Cell Wall), Kelp		
Fruit Blend:	1.4 g (1,400 mg)	†
Organic Acai, Pomegranate Extract, Goji Berry, Mangosteen Extract, Organic Blueberry, Cranberry, Raspberry		
Vegetable Blend:	1.25 g (1,250 mg)	†
Carrot, Spinach, Broccoli, Beet		
Fiber Blend:	1.3 g (1,300 mg)	†
Brown Rice Bran, Apple Fiber, Apple Pectin		
Soy Lecithin Granules	1.8 g (1,800 mg)	†
Plant Multi-Enzyme Blend	200 mg	†
(Protease, Acid-Stable Protease, Amylase, Lipase, Cellulase, Lactase, Papain, Bromelain)		
Polygonum cuspidatum Extract (Root)	200 mg	†
(50% Natural Trans-Resveratrol - 100 mg)		
Organic Raw Maca Root	150 mg	†
(Lepidium meyenii) (Low Starch 6:1 Concentrate)		
Organic Amla Extract (Fruit)	120 mg	†
(Phyllanthus emblica)		
White Chia Seed Meal (Cold-Fractured)	100 mg	†
(Salvia hispanica)		

	Amount Per Serving	% Daily Value
Green Tea Extract (<i>Camellia sinensis</i>) (Leaf) (up to 8 mg of naturally occurring caffeine)	100 mg	†
Organic Inulin (FOS)	100 mg	†
Trace Mineral Concentrate	100 mg	†
Proprietary Blend of	20 mg	†
10 Probiotic Strains (4 Billion Organisms**)		
<i>Lactobacillus acidophilus</i> (La-14), <i>Bifidobacterium lactis</i> (BI-04), <i>Lactobacillus plantarum</i> (Lp-115), <i>Bifidobacterium longum</i> (BI-05), <i>Lactobacillus rhamnosus</i> (Lr-32), <i>Strept. thermophilus</i> (St-21), <i>Lactobacillus paracasei</i> (Lpc-37), <i>Bifidobacterium breve</i> (Bb-03), <i>Lactobacillus salivarius</i> (Ls-33), <i>Lactobacillus casei</i> (Lc-11)		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Organic Brown Rice Syrup Solids (complex carbohydrate), Natural Vanilla and Berry Flavors with other Natural Flavors, Sodium Copper Chlorophyllin (Chlorophyll).

Contains soy (lecithin).

Manufactured by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

** At the time of manufacture.

This product is sold by weight not volume.

Store in a cool, dry place after opening. Please Recycle.

CODE P2711B V3



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