



HEALTH FROM THE
SUN

OMEGA-3

DIETARY SUPPLEMENT

**FLAX
LIGNAN
GOLD™**

**HIGH LIGNAN
ORGANIC FLAX SEED OIL**

**VEGETARIAN OMEGA-3
WITH 20% FLAX PARTICULATE**

NATURAL FRESH TASTE

Guaranteed Pure

OMEGA-3 7,140 MG

8 FL. OZ. (236 ML)

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take one tablespoon daily with a meal or as directed by your health care practitioner. Shake well before each use to fully disperse flax particulate. Refrigerate after opening.

Supplement Facts

Serving Size 1 Tbsp. (15 mL)
Servings Per Container About 15

	Amount Per Serving	% Daily Value
Calories	120	
Calories from Fat	120	
Total Fat	13 g	20%†
Saturated Fat	1.5 g	8%†

	Amount Per Serving	% Daily Value
Organic Flaxseed Oil and Particulate	13.75 g	*
--Alpha-Linolenic Acid (Omega-3)	7,140 mg	*
--Linoleic Acid (Omega-6)	1,820 mg	*
--Oleic Acid (Omega-9)	1,890 mg	*

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Discussion: Flax Lignan Gold™ is a delicious, certified organic, premium flaxseed oil that is cold expeller-pressed in a closed environment. This product contains **20% flax particulate** (approx. 2,800 mg per serving), which is an abundant source of beneficial plant lignans. Enjoy heart-healthy omega-3 by taking Flax Lignan Gold™ by the spoonful, pouring over cooked foods or adding to sauces, dips or blended drinks. The superior taste and freshness of Flax Lignan Gold™ is preserved with a nitrogen-flushed, induction-sealed bottle, making this product shelf-stable at room temperature until opened.

Rigorously **quality** tested to guarantee **purity, potency** and **truth-in-labeling**.

Mfd. for NutraPure, Inc.

www.reachforlife.com

Comments or Questions:

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