PLANT-DERIVED FIBER SUPPLEMENT

Genesis Today's GenEssentials Fiber is a vigorous, plant-based, vegetarian supplement containing a dynamic arsenal of 7 grams of dietary fiber per serving. Utilizing 5 functional digestive blends that include prebiotics and probiotics, it supports digestive regularity with 7 different fiber types. GenEssentials Fiber is made with organic ingredients that include cold-milled flax seeds, oats, Noni fruit and leaf fibers, as well as herbs. These ingredients synergistically support efficient digestive processes and healthy gut microflora.

ORGANIC INGREDIENTS

GenEssentials Fiber contains a blend of organic superfood fiber, herbs and other plant-based ingredients. GenEssentials Fiber is also psyllium-free, GMO-free, soy-free and lactose-free.

THE GenEssentials™ PROGRAM

Genesis Today's GenEssentials Fiber is one of several supplements in Genesis Today's GenEssentials plant-based nutrition line. This is part of Genesis Today's healthy lifestyle program. Each of Genesis Today's GenEssentials supplements is designed to work synergistically to help support your health and wellbeing. Genesis Today's GenEssentials Fiber can be conveniently mixed with water or your favorite juice to support healthy digestion and regularity.



Sourced, Formulated, Quality Tested & Distributed by Genesis Today, Inc. 14101 W. Highway 290, Bldg. 1900 Austin, TX 78737 Tel. (800) 916-6642 www.GenesisToday.com



Supplement Facts

Serving Size: 1 Scoop or 3 tsp (14g) Servings Per Container: About 20

Amount Per Serving	% Daily Value*
50	
20	20200
2 g	3%
0.0	0%
0 g	0%
7 g	2%
7 g	28%
10	t
6.9	1
1.9	1
2 g	4%
45 mg	4%
1 mg	50%
120 mog	100%
5 mg	<1%
	9 Per Serving 50 20 2 g 0 g 0 g 7 g 7 g 1 g 6 g 1 g 2 g 45 mg 1 mg 120 mog

Genesis Today's Proprietary Superliber Blend

uperfiber Blend 12,400 mg

Organic Flax Seed Powder, Hemp Seed Flour, Apple
Fiber, Rice Bran, Carrot Fiber, Beet Fiber, Organic Noni
Frut Fiber, Organic Noni Leaf Fiber, Organic Oat Fiber,
Organic Pea Fiber, Fructooligosaccharides,
Galactooligosaccharides, Grapefruit Fiber, Guar Gum,
Orange Fiber, Papaya Fruit Powder, Butternut Bark
Powder, Prune Powder

Genesis Today's Proprietary Digestive Tract Blend

Boldo (leaf), Car's Claw (bark), Ginger (root), Nopal Cactus, Slippery Elm Bark, Aloe Vera

725 mg

260 mg

205 mg

Genesis Today's Proprietary

Probiotic Blend 1 Billion CFUs**

Bifotbactanum lactis, Bifidobactanum breve, Lactobacillus acidophilus, Lactobacillus casei subsp. casei, Lactobacillus plantarum, Lactobacillus casei subsp. rhamnosus, Lactobacillus salivanus, Streptococcus thermophilus, Lactobacillus paracasei, Lactobacillus delbrueckii subsp. bulgancus

Genesis Today's Proprietary Glycemic Support Blend

Moles (Instruction)

Bitter Melon (fruit extract), Gymnema Sylvestre (leaf), Organic Cinnamon Powder

Genesis Today's Proprietary Heat-Generating Blend

Basil (leaf), Cumin (seed), Turmenic (root) Powder, L-Glutamine, Orange (peel), Organic Maca Powder (root), Cardamom (seed), Centaury (herb), Cloves (flower), Gentian (root)

"Percent Daily Values are based on a 2,000 calorie diet. 1Daily Value not established.

Other Ingredients: Rebiana (stevia leaf extract)

SUPPORTS:

Healthy Digestion & Regularity*

Healthy Intestinal Microflora*

Regularity*

Directions: Mix one (1) scoop (enclosed) of GenEssentials Fiber into 6 to 8 oz. of your favorite juice, water or beverage of choice and stir briskly. Consume one or more servings daily. Drink, enjoy and live long! Do not use if seal around cap is broken. Keep out of reach of children.

- ☑ Lactose-Free
- ☑ Sov-Free
- ☑ GMO-Free
- ☑ Dairy-Free
- ☑ 1 Billion Probiotics**
- ☑ Psyllium-Free
- ☑ Vegetarian

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

" CFUs represented are at time of manufacture

PROPER CARE & STORAGE
After opening, store in your freezer
(recommended) or refrigerator to
maintain optimal freshness.