

GUARANTEED
PURE

HEALTH FROM THE
SUN

BLACK Currant Oil

FROM PREMIUM
SEEDS



OMEGA 3-6



DIETARY SUPPLEMENT
60 SOFTGELS 1000MG

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take one softgel daily with food or as directed by your health care practitioner. Keep out of sunlight. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Black Currant Seed Oil	1,000 mg	*
Supplying 130 mg Alpha-Linolenic Acid (ALA) [omega-3], 170 mg Gamma-Linolenic Acid (GLA) [omega-6], 430 mg Linoleic Acid (LA) [omega-6], 90 mg Oleic Acid (OA) [omega-9] and 20 mg Stearidonic Acid (SDA) [omega-3]		

†Percent Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Gelatin (porcine), glycerin and water

Discussion: Health From The Sun® Black Currant Oil naturally supplies nutritionally important omega-6 Gamma-Linolenic Acid (GLA) plus omega-3 Alpha-Linolenic Acid and Stearidonic Acid. This combination of fatty acids is what makes black currant oil so unique from other plant nutritional oils.

Each softgel contains 1,000 mg of pure black currant oil extracted from the highest quality black currant seeds.

Rigorously **quality** tested to guarantee **purity, potency** and **truth-in-labeling**.

Product of Canada

Mfd. for NutraPure, Inc.

www.reachforlife.com

Comments or Questions:

Health From The Sun
Park City, UT 84098 USA ©2013
(800) 447-2249
www.healthfromthesun.com



4356258 0313