



OMEGA-3

DIETARY SUPPLEMENT

FiProFLAX™
Fiber • Protein • Flax

Gluten-Free Raw Food
with Plant Lignans

Premium Cold-Milled

3,400 MG OMEGA-3

NET WT 15 OZ. (425 G)

FiProFLAX™



Add FiProFLAX™ premium organic cold-milled flax seed to your favorite foods for extra nutrition. FiProFLAX™ is vacuum-sealed to preserve freshness and its delicious, nutty flavor. Easy to digest, FiProFLAX™ is great mixed in with cereal, yogurt, cottage cheese or blended into a smoothie. Sprinkle over salads, vegetables, pasta or potatoes. Kids love it in peanut butter and jelly sandwiches or as a dip for bananas. Use FiProFLAX™ in baked recipes with cooking temperatures not exceeding 375°F.

Warning: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product.

Directions: Use only as directed. Take two to four tablespoons daily or as directed by your health care practitioner. Refrigerate after opening and use within 45 days. May be resealed and frozen to extend shelf life.

Supplement Facts

Serving Size 2 Rounded Tablespoons (15 g)
Servings per Container 28

	Amount Per Serving	% Daily Value
Calories	70	
Calories from Fat	50	
Total Fat	5 g	8%†
Saturated Fat	0.5 g	3%†
Total Carbohydrate	5 g	2%†

	Amount Per Serving	% Daily Value
Dietary Fiber	4 g	16%†
Sugars	1 g	
Protein	3 g	6%†
Organic Milled Flax Seed	15 g	*
-Alpha-Linolenic Acid (Omega-3)	3,400 mg	*
-Linoleic Acid (Omega-6)	600 mg	*

† Percent Daily Values are based on a 2,000 calorie diet
* Daily Values not established

Ingredients: Organic Milled Flax Seed
Other Ingredients: None

Mfd. for NutraPure, Inc.

www.reachforlife.com

Comments or Questions:
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Certified Organic by International Certification Services, Inc.

