

As a board-certified neurologist specializing in the diagnosis and treatment of headache, I have always prided myself on taking my patients' concerns seriously. All headache sufferers want to regain control of their lives. That's why I developed HeadacheFree®.

Until now, patients wanting to manage their headaches—without the use of prescription drugs—had to take as many as 15 pills a day to get all of the important daily vitamins and minerals, along with the recommended amounts of riboflavin (B2) and magnesium for headache prevention. With HeadacheFree, you take just two tablets a day. Because the goal with HeadacheFree is the same as it is in my practice—headache relief in as natural a way as possible.†



Gary A. L'Europa, MD
U.S. Board-certified in Neurology and
Headache Management

www.headachefreevitamins.com

1-877-423-8482

Distributed by Headache Free, LLC
headquartered in Warwick, RI 02886

HeadacheFree® Complete Multivitamin



Physician-formulated with
added B2 and magnesium for
natural headache prevention†

60 TABLETS
DIETARY SUPPLEMENT

Why HeadacheFree®?

HeadacheFree combines 400mg of riboflavin (vitamin B2) and 400mg of magnesium with a complete, food-based multivitamin to provide a drug-free alternative to aid in the prevention and management of headaches.†

- Complete multivitamin and headache preventive supplement in one†
- Developed by a board-certified neurologist†
- Clinically proven headache preventive ingredients†
- Contains no known allergens†
- Maximum health benefit, minimum cost†

**Based on clinical trials, best results
are realized after 60-90 days of
consecutive use.†**

† The FDA has not evaluated claims made by this product. This product is not intended to diagnose, treat, cure, or prevent any disease.

HeadacheFree is made using a blend of food-based, natural, and best-grade synthetic ingredients to allow optimal nutrient absorption from the smallest possible dosage.†

- No starch, wheat, gluten, or soy
- No dairy, animal by-products or stearic acid
- No salt, sugar, artificial flavoring/coloring
- No digestible plastic or heavy metals

INSTRUCTIONS: As a dietary supplement, take two tablets daily or as directed by your healthcare professional.

Supplement Facts

Serving Size: 2 Tablets	Amount	% Daily
Servings Per Container: 30	Per Serving	Value**
Vitamin A (as Beta-carotene)	5,000 IU	100%
Vitamin C (as Calcium Ascorbate)	60 mg	100%
Vitamin D3 (as Cholecalciferol from Vegetable Oils)	400 IU	100%
Vitamin E (as D-Alpha Tocopherol Succinate from Vegetable Oils)	30 IU	100%
Vitamin K (as Phytonadione from Mulberry Leaf)	25 mcg	31%
Vitamin B1 (as Thiamine Hydrochloride)	1.5 mg	100%
Vitamin B2 (as Riboflavin)	400 mg	23,529%
Vitamin B3 (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	6 mcg	100%
Biotin	30 mcg	10%
Vitamin B5 (as D-Calcium Pantothenate)	10 mg	100%
Calcium (from Calcium Phosphate, Ascorbate, and Sulfate)	162 mg	16%
Iron (as Ferrous Fumarate)	8 mg	44%
Phosphorus (as Dicalcium Phosphate)	109 mg	11%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide and Magnesium Sulfate)	400 mg	100%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	20 mcg	29%
Copper (as Copper Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Boron (as Boron Citrate)	150 mcg	*
Vanadium (as Vanadyl Sulfate Hydrate)	10 mcg	*
Silicon (from Silicon Dioxide)	2 mg	*
Lutein	250 mcg	*

* Daily Values Not Established

** Daily Values are based on a 2,000 calorie per day diet

Other Ingredients: Microcrystalline, Methyl and Hydroxypropyl Cellulose, Garlic, Magnesium Stearate, Molasses Extract, PABA, Alpha Lipoic Acid, Beet Root, Rice Bran Extract, Hypromellose, Triacetin, Titanium Dioxide, Talc and Carnauba Wax.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.