Directions: As a dietary supplement, mix 1 Ultra-Concentrated scoop (5.5 grams) with 4-8 ounces of cold water and consume 30-45 minutes before beginning activity. This is to be done the first three (3) times using the product. Under no circumstances should the initial dose be exceeded or the warnings on this bottle be ignored. Beginning with the 4th time using the product, dose may be increased by, but not more than, 1/2 of a scoop (2.75 grams). The ideal individual dose for workout domination may vary between 1-3 scoops.

DO NOT EXCEED 3 SCOOPS IN ANY 24 HOUR PERIOD. DO NOT USE MORE THAN 5 DAYS OUT OF ANY 7 DAY PERIOD. Exceeding the recommended amounts or not following directions may lead to unwanted effects. Consume at least 125 fl. oz. of liquid per day for men and 91 fl. oz. of liquid per day for women while taking this product.

Contents may settle after shipping. Shake container prior to each use to redistribute ingredients. Moisture and humidity can cause clumping and discoloration. Store in cool dry place. Discard after expiration date.

Warning This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product consult with your physician if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. This product contains caffeine and should not be taken by individuals wishing to eliminate this ingredient from their diet. Discontinue use 2 weeks prior to surgery. Do not use in combination with caffeine or any stimulants from other sources whatsoever, including but not limited to, coffee, tea, soda and other dietary supplements or medications. Do not combine with alcohol. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Do not use for more than 5 out of 7 consecutive days. KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.



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This product may produce an intense sensation of focus, energy & awareness. In addition, its key ingredients may allow for workout domination in conjunction with proper training and diet. Use with caution under strict dosing protocols.

PRODUCT ID # 22980 FLAVOR: Lemon-Lime

Net Wt 8.8 oz (250 g)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Scoop (5.55 g) Servings Per Container: 45

Amount per serving

% Daily Value

Proprietary Blend

4145.00 mg

(Arginine Alpha-Ketoglutarate, Creatine Monohydrate, Beta Alanine (CarnoSyn®), Caffeine, 1,3-Dimethylamylamine HCI, Schisandra Chinensis (Berry) Extract (Standardized for Schizandrol A))

*Daily value not established

Other Ingredients: Citric Acid, Natural Lemon-Lime Flavor, Silicon Dioxide, Acesulfame-K, Sucralose, Vegetable Stearate, Sodium Copper Chlorophyllin (For Coloring).

Manufactured for USPlabs, LLC (Dallas, Texas 75220).

Questions, comments or concerns can be directed to our forums at: www.usplabsdirect.com or by phone at: 1-800-890-3067 (9-5 EST Mon-Fri)

This product is produced in a facility that processes Milk and Soy ingredients Do not use if you are, or may become, pregnant.



Natural Alternatives International (NAI) is the owner of patents 5,965,596, 6,172,098, 6,426,361, 6,680,294 and registered trademark CarnoSyn®.