## Same Trusted PATHWAY Formula



## **B-COMPLEX-50**

Special Anti-Stress Dietary Supplement of Yeast-Free B-Vitamins with Biologically-Active Co-Enzyme Forms

100 Capsules

## **Supplement Facts**

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value	
Vitamin B-1 (10% from thiamin diphosphate & 90% thiamin HCI)	50 mg	3,330
Vitamin B-2 (20% from riboflavin 5'-Phosphate & 80% as riboflavin)	50 mg	2,940
Vitamin B-3 (as niacinamide)	100 mg	500
Vitamin B-5 (from d-calcium pantothenate)	50 mg	500
Vitamin B-6 (20% from pyridoxal 5'-phosphate and 80% from pyridoxine HCl)	50 mg	2,500
Vitamin B-12 (50% from hydroxocobalamin and 50% from methylcobalamin)	100 mcg	1,170
Folinic Acid (from USP grade calcium folinate)	500 mcg	125
Biotin (pure crystalline)	500 mcg	170
Choline (from bitartrate)	50 mg	
Inositol (pure crystalline)	50 mg	*
Pantethine	10 mg	*

\* Daily Value not established

Other ingredients: gelatin (capsule), cellulose, silica, and magnesium trisilicate.

THIS PRODUCT DOES NOT CONTAIN: wheat, gluten, rye, oats, corn, yeast, egg, soy, sugar, dairy products, wax, preservatives, coloring, or artificial flavoring.

## KEEP OUT OF REACH OF CHILDREN STORE IN A COOL, DRY PLACE

**DIRECTIONS:** As a dietary supplement take one (1) capsule daily with meals, or as directed by a health professional.

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