

superfood

PROTEIN SMOOTHIE



plant-based
protein blend.

vegan friendly.

no soy, dairy
or whey.

no artificial
colors, flavors,
or dyes.

17g of protein
per serving.

super greens.

high fiber.

all natural.

VANILLA CREME



DIETARY SUPPLEMENT - 14 SERVINGS
NET WT. 1LB (470G)

superfood

PROTEIN SMOOTHIE

NATURE'S BEST...NOTHING LESS!

Superfood Protein Smoothie is a convenient all-in-one nutritional shake which contains a blend of plant-based proteins, greens, fiber, healthy fats, vitamins, minerals and digestive enzymes.

PLANT-BASED PROTEIN: Pea protein isolate, organic hemp seed protein, whole grain brown rice protein, sacha inchi protein, and European potato protein isolate provide a superior nutritional and functional value.¹

GREENS: Alfalfa, wheat and barley grass combined with broccoli, kale and spirulina provide a powerful and complete super greens complex.¹

HIGH FIBER: Both hemp seed and sacha inchi protein are excellent sources of dietary fiber, and inulin is an all-natural soluble vegetable fiber that nourishes the good intestinal flora which helps promote digestive health and improved immune function.¹

HEALTHY FATS: Hemp seed protein and sacha inchi protein are high in essential fatty acids (EFAs) and both contain healthy Omega-3, -6 and -9 fats in an ideal ratio. Medium-chain triglycerides (MCTs) derived from coconut oil are used by the body for energy.¹

VITAMINS & MINERALS: Spirulina is a type of blue-green algae which provides vitamins, minerals and antioxidants to the body to help prevent cellular damage. Maca is a nutritionally dense superfood that contains high amounts of minerals, vitamins, enzymes and all of the essential amino acids.¹

DIGESTIVE ENZYMES: A proprietary enzyme blend facilitates the breakdown of nutrients for higher absorption and assimilation.¹

Directions: Mix 2 scoops (33.6 g) in 8 ounces of cold water, juice, or your favorite non-dairy beverage. For optimal health, take one or more servings daily. Superfood Protein Smoothie can also be added to your favorite smoothie recipe. See www.ground-based.com for smoothie recipes and more information.

"NATURE'S BEST...NOTHING LESS!"

Ground-Based Nutrition is an innovative leader in the natural food supplement industry. We pride ourselves on using the highest quality natural whole food ingredients. We use no artificial sweeteners, colors, dyes, additives, or man-made synthetic chemicals.



KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE

Supplement Facts

Serving Size: 2 Scoops (33.6g)
Servings Per Container: 14

Amount Per Serving		% Daily Value
Calories	140	
Calories from Fat	36	
Total Fat	4 g	6 %
Saturated Fat	2 g	11 %
Trans Fat	0 g	
Total Cholesterol	0 mg	
Total Carbohydrate	9 g	3 %
Dietary Fiber	5 g	13 %
Sugars	0 g	
Protein	17 g	34 %
Vitamin A	132 IU	3 %
Vitamin C	5 mg	3 %
Calcium	30 mg	3 %
Iron	6 mg	33 %

Plant-Based Protein Blend 21,850 mg *

Pea protein isolate, organic hemp seed protein, whole grain brown rice protein, sacha inchi protein, European potato protein isolate

Super Greens Blend 2,210 mg *

Alfalfa grass, wheat grass, barley grass, broccoli, kale, spirulina

Fiber and Nutrient Blend 3,050 mg *

Inulin, maca root

Medium Chain Triglycerides 4,000 mg *

Coconut oil, palm oil

Digestive Enzyme Blend 100 mg *

Protease Enzyme Complex

*%Daily Value (DV) not established

Other Ingredients: Natural vanilla flavoring and color, xanthan gum, stevia, rice concentrate (natural flow agent)