



Basic Minerals™



amni® original formula
A Dietary Supplement



Douglas Laboratories® 180 Capsules

Supplement Facts

Serving Size 6 capsules • Servings Per Container 30

Amount Per Serving		%DV
Calcium (as calcium citrate)	400 mg	40%
Iodine (from kelp)	150 mcg	100%
Magnesium (as magnesium aspartate and magnesium amino acid chelate**)	400 mg	100%
Zinc (as zinc amino acid chelate**)	20 mg	133%
Selenium (as selenium amino acid complex)	200 mcg	286%
Copper (as copper amino acid chelate**)	2 mg	100%
Manganese (as manganese amino acid chelate**)	20 mg	1,000%
Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as molybdenum amino acid chelate**)	150 mcg	200%
Potassium (as potassium chloride)	99 mg	3%
Vanadium (as vandy sulfate)	39 mcg	*
Boron (as boron aspartate-citrate)	2 mg	*

*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule), vegetable stearate and silica.

**U.S. Patent No. 4,599,152 Albion Laboratories.

Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road • Pittsburgh, PA 15205 USA

www.douglaslabs.com

Suggested Usage:

As a dietary supplement, adults take 6 capsules daily or as directed by your healthcare professional.

Basic Minerals is a multi-mineral supplement containing patented mineral amino acid chelates from Albion Laboratories and other well-tolerated and highly absorbable mineral forms. The elemental content of each mineral is listed.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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