

**DIRECTIONS:** Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**

Protect from heat, light & moisture.

Store at 15-30°C (59-86°F).

Do not purchase if seal is broken.

**MADE IN THE U.S.A.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 131 / TC: 061810N2



— TRUSTED SINCE 1972 —

**WINDMILL<sup>®</sup>**  
NATURAL VITAMINS

# B-COMPLEX

## (100% DAILY VALUE)

**Pharmacist Recommended**

Helps Promote Energy†  
Helps Support Nervous System†  
Helps Support Metabolism†

**100 TABLETS | DIETARY SUPPLEMENT**

### SUPPLEMENT FACTS

Serving Size: 1 Tablet

|                                              | Amount Per Serving | %Daily Value |
|----------------------------------------------|--------------------|--------------|
| Vitamin B1 (as thiamin HCl)                  | 1.5 mg             | 100%         |
| Vitamin B2 (as riboflavin)                   | 1.7 mg             | 100%         |
| Niacin                                       | 20 mg              | 100%         |
| Vitamin B6 (as pyridoxine HCl)               | 2 mg               | 100%         |
| Folate (as folic acid)                       | 400 mcg            | 100%         |
| Vitamin B12 (as cyanocobalamin)              | 6 mcg              | 100%         |
| Pantothenic acid (as D-calcium pantothenate) | 10 mg              | 100%         |

Other ingredients: Dicalcium phosphate, brewer's yeast, microcrystalline cellulose, stearic acid, croscarmellose sodium and magnesium stearate.

For more info, visit us at [www.windmillvitamins.com](http://www.windmillvitamins.com)

Caution: Transient flushing and feeling of warmth might be associated with the ingestion of niacin-containing products.



**SUGAR, STARCH, WHEAT, MILK,  
SOY, ARTIFICIAL FLAVORS OR  
PRESERVATIVES**

Distributed by Windmill<sup>™</sup> Health Products,  
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