

# HEALTH

PRODUCTS DISTRIBUTORS INC.

## MINI MULTI

Multivitamin & Multimineral  
Ultrapure Dietary Supplement

120 VEGGIE CAPSULES

### SUPPLEMENT FACTS

Serving Size: 4 Veggie Capsules

| Amount Per Serving                                                                  | % Daily Value |       |
|-------------------------------------------------------------------------------------|---------------|-------|
| Vitamin A (as beta-carotene from <i>Dunaliella salinas</i> )                        | 5,000 IU      | 100   |
| Vitamin C (from potassium ascorbate)                                                | 200 mg        | 333   |
| Vitamin E (from d-alpha tocopheryl succinates & 10 mg high-gamma mixed tocopherols) | 100 IU        | 333   |
| Vitamin B-1 (from coenzyme thiamin diphosphate)                                     | 5 mg          | 333   |
| Vitamin B-2 (from coenzyme riboflavin 5'-phosphate)                                 | 5 mg          | 294   |
| Vitamin B-3 (from niacinamide)                                                      | 50 mg         | 250   |
| Vitamin B-5 (from calcium pantothenate)                                             | 50 mg         | 500   |
| Vitamin B-6 (from coenzyme pyridoxal 5'-phosphate)                                  | 10 mg         | 500   |
| Vitamin B-12 (from coenzyme methylcobalamin)                                        | 200 mcg       | 3,333 |
| Vitamin D3 (as cholecalciferol)                                                     | 400 IU        | 100   |
| Folate (coenzyme from calcium folinate)                                             | 800 mcg       | 200   |
| Biotin (pure crystalline)                                                           | 600 mcg       | 200   |
| Vitamin K (as phyloquinone)                                                         | 300 mcg       | 375   |
| Potassium (from ascorbate)                                                          | 99 mg         | 3     |
| Magnesium (from l-malate)                                                           | 90 mg         | 23    |
| Calcium (from citrate, malate, orotate, succinate, & fumarate)                      | 90 mg         | 9     |
| Zinc (from citrate, orotate, and malate)                                            | 12 mg         | 80    |
| Manganese (from arginate)                                                           | 4 mg          | 200   |
| Copper (from sebacate)                                                              | 1 mg          | 50    |
| Chromium (from polynicotinate & arginate)                                           | 200 mcg       | 167   |
| Molybdenum (from Krebs cycle bionutrients)                                          | 200 mcg       | 267   |
| Selenium (from l-selenomethionine)                                                  | 70 mcg        | 100   |
| Choline (from bitartrate)                                                           | 50 mg         | *     |
| Inositol (pure crystalline)                                                         | 50 mg         | *     |
| Betaine HCl (beet extract)                                                          | 50 mg         | *     |
| Quercetin Chalcone†                                                                 | 25 mg         | *     |
| BioVin® Grape Extract ( <i>Vitis vinifera</i> L.) (seed, skin, & stem)              | 25 mg         | *     |
| Coenzyme Q10                                                                        | 10 mg         | *     |
| Alpha-Lipoic Acid                                                                   | 5 mg          | *     |
| Germanium Sesquioxide                                                               | 5 mg          | *     |
| Octacosanol (from sugarcane policosanols)                                           | 2 mg          | *     |
| Boron (from glycinate and aspartate)                                                | 2 mg          | *     |
| Vanadium (from Bis-glycinato oxo vanadium) (BGOV)                                   | 50 mcg        | *     |

\*Daily Value not established

**Other ingredients:** Veggie capsule and nothing else!

**DIRECTIONS:** As a dietary supplement take 4 capsules daily divided among meals, or as directed by a health care professional. MINI MULTI is suitable for vegetarians.

**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.**

**MINI MULTI Does Not Contain:** wheat, rye, oats, corn, barley, gluten, egg, dairy, citrus, yeast, sugar, wax, sulfates, phosphates (other than coenzymes), preservatives, colorings, or artificial flavorings.

†Quercetin Chalcone\* is a water-soluble form of Quercetin, protected under US Patent 5,977,184.

**Distributed by:**

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**LOT # & Best Used by Date:**