Directions: As a dietary supplement, take two (2) capsules once a day or as recommended by your healthcare provider. Enjoy and live long!

Caution: Excessive supplementation can lead to toxicity. More than one dose a day can cause side

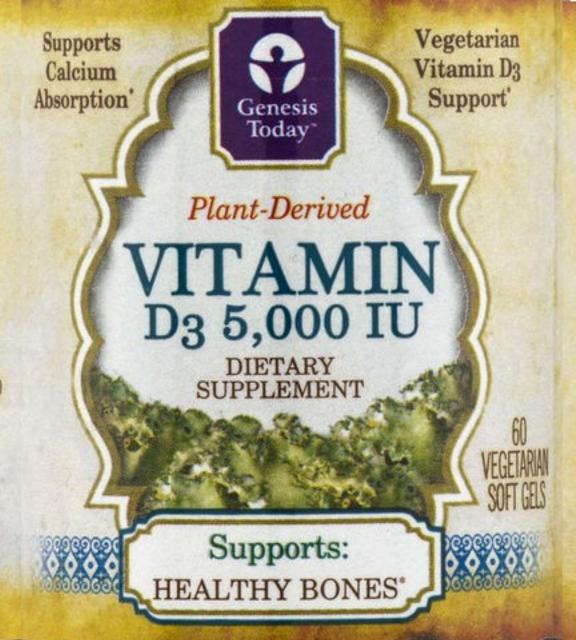
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effects or toxicity. Do not use if seal around cap is broken. Keep out of reach of children. Store at room temperature and avoid excessive heat. Do not freeze or refrigerate.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Supplement Facts

Serving Size: 2 Soft Gel Capsules Servings Per Container: 30

Amount Per Serving % DV

Vitamin D3 (as Cholecalciferol) 5,000 IU 1,2509

BioPerine® Black Pepper (Piper 10 mg nigrum) Extract (fruit)(95% piperine)

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Organic Flax Seed Oil, d-alpha Tocopherol (Vitamin E), Vegetarian Soft Gel (Non-GMO Corn Starch, Carrageenan, Vegetable Glycerin, Sorbitol and Purified Water).

The Vitamin D3 (cholecalciferol) used in this product is Vitashine, a proprietary standardized source of vegetarian Vitamin D3 from ESB Developments. CONTAINS WITASHINE D3

BioPerine® is a registered trademark of Sabinsa.

