

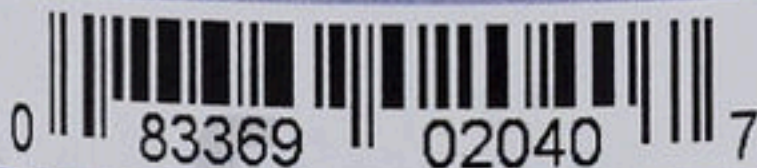
Heartland Products, Inc. is pleased to offer Flax naturally Flax Hull Lignans. Our lignans are a *Full Spectrum Lignans* product that are *mechanically* extracted from the flax seed hull. Our product is a unique group of phytonutrients and contains several types of lignans, in particular, SDG Lignan (Secoisolariciresinol diglucoside).

Flax naturally Concentrated LIGNANS

- Gluten-free. Lignans are naturally low-glycemic*
- Contains soluble and insoluble fiber*
- Per serving, more bioavailable lignans than 70 grams of whole flax*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**There are several types of lignans in *Full Spectrum Lignans*. This product contains approximately 3-6% SDG Lignan per serving, depending on growing conditions.



Flax naturally®

Contains
90 mg
SDG
Lignan per
serving!

Concentrated LIGNANS

Improved
Formula

a *Full Spectrum Lignans* Product

Enhanced enzymes & probiotics!

DIETARY SUPPLEMENT

90 CAPSULES

Suggested Use: Take 3 capsules daily. Drink 4-6 ounces of water afterward and plenty of water throughout the day. (Note: Depending on your individual needs, you may take up to 6 capsules daily.) For those who cannot swallow capsules, one may open the capsules and sprinkle the lignans in their favorite beverage or on food.

Each capsule contains: 640mg Full Spectrum Lignans (30mg** SDG

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 30

Amount per serving	% Daily Value
Full Spectrum Lignan Blend 1920mg	†
Flax Hull Lignans (providing 90mg** SDG Lignan) (Secoisolariciresinol diglucoside)	
Proprietary Enzyme Blend	†
Protease, Lipase, Cellulase, Hemicellulase	
Proprietary Probiotic Blend	†

†Daily Value not established.

Other ingredients: vegetable capsule (hypromellose).