

Vitamin Research Products®

Since 1979



Optimum Silver

Dietary Supplement
180 capsules

TESTED FOR QUALITY & PURITY

Directions: Take 3 capsules two times per day with meals.

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 60

Amount Per Serving	% Daily Value	
Vitamin A (as natural beta carotene, retinyl palmitate)	4,000 IU	80%
Vitamin C (as ascorbic acid, ascorbyl palmitate)	200 mg	333%
Vitamin D3 (cholecalciferol)	600 IU	150%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	100 IU	333%
Vitamin K (K1 as phytonadione, K2 as MK-4 and MK-7)	125 mcg	156%
Thiamin (vitamin B1 as thiamine HCl, benfotiamine)	10 mg	666%
Riboflavin (vitamin B2)	7.5 mg	441%
Niacin (vitamin B3 as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	12.5 mg	625%
Folic Acid (as 5-methyltetrahydrofolate)	200 mcg	50%
Vitamin B12 (as methylcobalamin)	500 mcg	8,333%
Biotin	300 mcg	100%
Pantothenic Acid (vitamin B5 as calcium pantothenate)	50 mg	500%
Calcium (as dicalcium malate, calcium citrate, calcium pantothenate)	100 mg	10%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium aspartate, magnesium citrate)	100 mg	25%
Zinc (as zinc amino acid chelate)	12.5 mg	83%
Selenium (as methylselenocysteine)	75 mcg	107%
Copper (as copper amino acid chelate)	0.5 mg	25%
Manganese (as manganese amino acid chelate)	1.25 mg	63%
Chromium (as chromium picolinate (Chromax®†))	100 mcg	83%
Molybdenum (as molybdenum amino acid chelate)	100 mcg	133%
N-Acetyl Cysteine	150 mg	*
Acetyl L-Carnitine HCl	75 mg	*
Alpha Lipoic Acid	50 mg	*
DMAE (as DMAE bitartrate)	50 mg	*
Inositol	37.5 mg	*
Rutin	15 mg	*
Vinpocetine	5 mg	*
Lutein	1.5 mg	*
Lycopene	1.5 mg	*
Proprietary Blend	627 mg	*
Choline bitartrate, digestive enzymes (vegetarian source amylase, protease, lactase, lipase and cellulase), Japanese knotweed root extract (50% trans-resveratrol), silica (from bamboo stem extract), boron citrate complex and vanadyl sulfate.		

Other Ingredients: Hydroxypropylmethylcellulose (vegetarian capsule).

Manufactured for and distributed by: VRP Brand, LLC

4610 Arrowhead Dr. • Carson City, NV 89706 USA • 1-800-877-2447 • www.vrp.com

Keep container tightly closed in a cool, dry and dark place. Keep out of reach of children.

†Chromax® and the Chromax logo are registered trademarks of Nutrition 21, Inc. U.S. Patent #5,087,623; #5,087,624 and #5,175,156.

Chromax
nutritional products

Code Number: 3340

This product is manufactured in a NSF GMP registered facility.



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