Directions: Take 2-4 capsules one hour before bedtime on an empty stomach.

Description: The amino acid L-Tryptophan helps boost levels of serotonin, a mood-enhancing neuro-transmitter involved in promoting a sense of well being, calm, personal security, relaxation, confidence, concentration and appetite control.\*

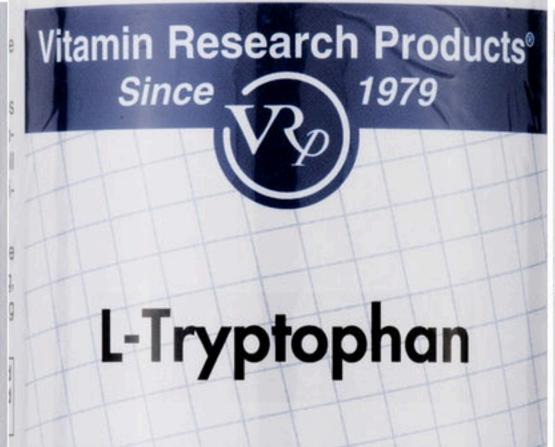
Caution: If you are under a physician's care or are taking medication, or if you are pregnant or nursing, consult your healthcare professional before using this product.

'These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product is manufactured in a NSF GMP registered facility.







Dietary Supplement 90 capsules

TESTED FOR QUALITY & PURITY

## **Supplement Facts**

Serving Size: 4 Capsules

Servings Per Container: about 23

**Amount Per Serving** 

% Daily Value

L-Tryptophan

20

\*Daily Value not established

Other Ingredients: Hydroxypropylmethylcellulose (vegetarian capsule).

Manufactured for and distributed by:

VRP Brand, LLC

4610 Arrowhead Dr. • Carson City, NV 89706 USA 1-800-877-2447 • www.vrp.com

Keep container tightly closed in a cool, dry and dark place. Keep out of reach of children.

Code Number: 8901