

HEALTH

PRODUCTS DISTRIBUTORS INC.

I3C Plus

**Indole-3-Carbinol (I3C)
Diindolylmethane (DIM)
plus Betaine HCl and Ascorbic Acid**

A Dietary Supplement

120 CAPSULES

SUPPLEMENT FACTS

Serving Size: 1 Capsule

Amount Per Serving		% Daily Value
Vitamin C (as USP grade ascorbic acid)	30 mg	50
Indole-3-Carbinol (I3C) (more than 98% pure)	60 mg	*
Diindolylmethane (DIM) (more than 98% pure)	60 mg	*
Betaine HCl	60 mg	*

*Daily Value not established

Other ingredients: gelatin (capsule), microcrystalline cellulose, silica, and magnesium trisilicate.

Directions: As a dietary supplement take 2-4 capsules daily with food, or as directed by a health professional.

Indole-3-Carbinol (I3C) and Diindolylmethane (DIM) are substances found in cruciferous vegetables such as broccoli, cauliflower, cabbage, and brussels sprouts. Research studies indicate that daily consumption of these substances in appropriate amounts may provide significant health benefits.

I3C Plus Does Not Contain: wheat, rye, oats, corn, barley, gluten, soy, egg, dairy, citrus, yeast, sugar, wax, preservatives, colorings, or artificial flavorings.

**KEEP OUT OF REACH OF CHILDREN
STORE IN A COOL, DRY PLACE**

Distributed by:

**Health Products Distributors, Inc.
PO Box 5600, Oracle, AZ 85623**

LOT # & Best Used by Date: