

HEALTH

PRODUCTS DISTRIBUTORS INC.

5-MTHF

(6S)-5-Methyltetrahydrofolic Acid

1 mg

Dietary Supplement
100 VEGGIE CAPSULES

SUPPLEMENT FACTS

Serving Size: 1 Capsule Servings per container: 100

Amount Per Serving	% Daily Value	
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5-MTHF (from highest quality Quatrefolic (6S)-5-methyltetrahydrofolic acid, glucosamine salt)(vegetable source)	1 mg	250
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*Daily Value not established

Other ingredients: veggie capsule (modified cellulose), microcrystalline cellulose, and silica.

DIRECTIONS: As a dietary supplement take 1 capsule daily, or as directed by a health care professional.

5-MTHF is a biologically active form of the folate vitamin and is a coenzyme form that is directly used in the body. 5-MTHF is naturally found in foods.

**KEEP OUT OF REACH OF CHILDREN,
STORE IN A COOL, DRY PLACE**

This Product Does Not Contain: wheat, rye, oats, corn, soy, barley, gluten, egg, shellfish, dairy, sugar, yeast, preservatives, colorings, or artificial flavorings.

Distributed by:
Health Products Distributors, Inc.
PO Box 5600, Oracle, AZ 85623

Lot # & Best Used by Date: