

— TRUSTED SINCE 1972 —

WINDMILL
NATURAL VITAMINS

B-COMPLEX WITH CHOLINE & INOSITOL

DIRECTIONS: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store at 15-30°C (59-86°F).

Do not purchase if seal is broken.

MADE IN THE U.S.A.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at www.windmillvitamins.com

ITEM: 134A / TC: 529910N2

Pharmacist Recommended

**Helps Support Metabolism†
Helps Maintain Cellular Efficiency†
Helps Support a Calm Mood†**

100 TABLETS | DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B1 (as thiamin HCl)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Folic acid	100 mcg	25%
Vitamin B12 (as cyanocobalamin)	25 mcg	417%
Biotin	25 mcg	8%
Pantothenic acid (as D-calcium pantothenate)	20 mg	200%
Choline bitartrate	50 mcg	*
Inositol	50 mcg	*
PABA (para-aminobenzoic acid)	40 mg	*

*Daily value not established.

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, silica, magnesium stearate and pharmaceutical glaze.



**SUGAR, STARCH, WHEAT, MILK, SOY, ARTIFICIAL
COLORS, FLAVORS OR PRESERVATIVES**

- Gluten Free -

Distributed by Windmill™ Health Products,
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