

DIRECTIONS: Take 1 tablet daily as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

Protect from heat, light & moisture.

Store at 15-30°C (59-86°F).

Do not purchase if seal is broken.

MADE IN THE U.S.A.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at www.windmillvitamins.com

ITEM: 141 / TC: 018506N2



— TRUSTED SINCE 1972 —

WINDMILL
NATURAL VITAMINS

SUSTAINED RELEASE **B-COMPLEX 50**

Pharmacist Recommended

**Helps Support Nervous System†
Helps the Body to Produce Energy†**

60 TABLETS | DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin B1 (as thiamin HCl)	50 mg	3,333%
Vitamin B2 (as riboflavin)	50 mg	2,941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	50 mg	2,500%
Folate (as folic acid)	100 mcg	25%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic acid (as D-calcium pantothenate)	50 mg	500%
Choline (as choline bitartrate)	50 mg	*
Inositol	50 mg	*
PABA (para-aminobenzoic acid)	30 mg	*
Base blend:	1 mg	*
Alfalfa leaf, brewer's yeast, parsley leaf, rice bran, soy lecithin, watercress leaf		

*Daily value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, silica, hydrogenated cottonseed oil and pharmaceutical glaze. Contains Soy.

**NO SUGAR, STARCH, WHEAT, MILK, ARTIFICIAL
COLORS, FLAVORS OR PRESERVATIVES**

Distributed by
Windmill™ Health Products,
6 Henderson Drive
West Caldwell, NJ 07099