



MAGNESIUM LACTATE

*Cellular Energy Production***

DIETARY SUPPLEMENT

5425

Suggested Use: Three capsules per day,
or as directed.

90 CAPSULES

GF

WHOLE FOOD SUPPLEMENTS SINCE 1929

Warning: Keep out of reach of children.

Supplement Facts

Serving Size: 3 Capsules
Servings per Container: 30

| | Amount per Serving | %Daily Value |
|--------------------|--------------------|--------------|
| Calories | 10 | |
| Total Carbohydrate | 1 g | <1%* |
| Magnesium | 200 mg | 48% |

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Magnesium lactate, gelatin, calcium stearate, and water.

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****This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**