



# INOSITOL POWDER

*Heart & Nervous System Health\*\**

**DIETARY SUPPLEMENT  
5010**

**Suggested Use:** One quarter teaspoon per day,  
or as directed.

**Net Wt 10 Ounces (284 g)**



**WHOLE FOOD SUPPLEMENTS SINCE 1929**

**Warning:** Keep out of reach of children.

## Supplement Facts

Serving Size: ¼ tsp.  
Servings per Container: 405

	Amount per Serving	%Daily Value
Total Carbohydrate	<1 g	<1%*
Inositol	700 mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

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**\*\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.**