

CHAMOMILE

Matricaria recutita

Promotes Restful
Sleep and Relaxes
Digestive Tract*

2 fl. oz. (60 mL)

HERBAL SUPPLEMENT

H&A

HERBALIST &
ALCHEMIST

Certified



Corporation

Suggested use: 60-100 drops
(3-5 mL) in juice or water.
Take 3 times per day. Shake
well before using.

Contraindications: Do not use if
you have severe ragweed
allergies.

KEEP OUT OF CHILDREN'S REACH

Supplement Facts

Serving size 100 drops (5 mL)
Servings per container 12

Amount Per Serving

Dried Chamomile flowers ♦ extract
5 mL †

† Daily value not established.

Other ingredients: Ethyl alcohol ♦,
distilled water.

Botanical Preparation Ratio 1:4
♦ Certified Organic

*This statement has not been
evaluated by the FDA. This product
is not intended to diagnose, treat,
cure or prevent any disease.

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