



Ayur-Ashwaganda (Indian Ginseng)

Ashwaganda-Root & Leaf
A Dietary Supplement



**Douglas
Laboratories®**

60 Capsules

Supplement Facts

Serving Size 1 capsule
Servings Per Container 60

Amount Per Serving	%DV
Ashwaganda (root and leaf) 300 mg *	
(Indian Ginseng, <i>Withania somnifera</i>)	
(standardized to 1.5% Withanolides and 1% Alkaloids)	

*Daily Value not established.

Other ingredients: Gelatin (capsule), cellulose and vegetable stearate.

Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road • Pittsburgh, PA 15205 USA

www.douglaslabs.com

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage:

As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions,
store in a cool, dry place.

(59°-77°F/15°-25°C)
(35-65% relative humidity)

Tamper resistant package,
do not use if outer seal is missing.

Formula #7670

