

Directions: Stir 1 rounded teaspoon into at least 2 ounces of water, juice or other beverage and drink. May be taken 1 to 3 times per day.

Description: D-Ribose ("Ribose") is a 5-carbon sugar important for the synthesis of ATP, the cell's "energy molecule." D-Ribose helps protect tissues from energy deprivation, and stimulates recovery following low oxygen conditions. For healthy people this translates to more energy and less fatigue, greater exercise performance over time, and faster recovery from exercise or overexertion.*

Caution: Consult your healthcare professional prior to using this product if you are pregnant, nursing, taking medication(s), have a medical condition, or are under the age of 12 years.

Note: Servings larger than 5 grams may cause a temporary, dose-dependent lowering of blood sugar. For best results, limit intake to 5 grams per 4 hour period. Keep container tightly closed in a cool dry and dark place. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product is manufactured in a NSF GMP registered facility.



300-VRP1800-E

Vitamin Research Products®

Since  *1979*

D-Ribose

Dietary Supplement
Net Wt. 8.8 oz (250 grams)

TESTED FOR QUALITY & PURITY

Supplement Facts

Serving Size 1 Rounded Teaspoon (5 grams)
Servings Per Container 50

Amount Per Serving	% Daily Value	
Calories	20	
Total Carbohydrate	5 g	2%*
Sugars	5 g	**
D-Ribose	5 g	**

*Percent Daily Value based on a 2,000 calorie diet.

**Daily Value not established.

Manufactured for and distributed by: **VRP Brand, LLC**
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