

QuickTrim® Fast-Shake™ is designed to provide essential nutrition that may be lacking while dieting, as well as increase your energy levels, and keep you satisfied until your next meal. This delicious drink is a state-of-the-art formula which provides vital nutrition to assist in healthy weight loss. This high protein, high fiber, energy packed formula supplies over 100 vitamins, minerals, antioxidants, whole food nutrients, probiotics and macro nutrients.†

Fast-Shake™ can be used as a complete meal or a nutritious energizing snack! This delicious drink can be mixed with water or low fat milk. Fast-Shake™ can help support healthy weight loss while promoting lean muscle tissue. Unlike other leading brands, Fast-Shake's low glycemic formula helps satisfy your hunger without sacrificing healthy metabolism. So help support your body's nutritional needs with a delicious, satisfying, complete meal-to-go with the **Quick Trim® Fast-Shake™**!

Lose the Fat...Keep the Muscle!†

- ✓ Contains Protein to Support Healthy Muscle Toner
- ✓ Good Source of Natural Fiber to Promote Regularity†
- ✓ Green Tea EGCG to Support Healthy Metabolism†
- ✓ Over 100 Healthy Nutrients to Provide Complete Nutritional Support!†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Consult with your physician before using this product if you are pregnant, breast feeding, have any existing medical conditions or are on any medications.

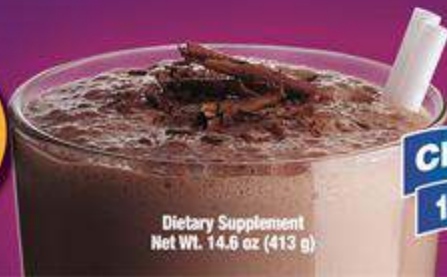
How **HOT** CAN
YOU BE?

QUICKTRIM® FAST-SHAKE™

ENERGIZING WEIGHT LOSS PROTEIN SHAKE

- **HELPS SUPPORT METABOLISM!†**
- **SUPPORTS LEAN MUSCLE TONE!†**
- **PROVIDES 22 ESSENTIAL VITAMINS & MINERALS!†**
- **ONLY 110 CALORIES!**

**8
GRAMS
of Protein**



Dietary Supplement
Net Wt. 14.6 oz (413 g)

**Chocolate
14 Servings**

Supplement Facts

Serving Size: 1 scoop (28 g) / Servings Per Container: 14

	Amount Per Serving	% Daily Value
Calories	110	
Calories from Fat	27	
Total Fat	5 g	9%
Saturated Fat	2.5 g	13%
Cholesterol	0 mg	0%
Total Carbohydrate	13 g	4%
Dietary Fiber	3 g	12%
Sugars	7 g	1
Protein	8 g	16%
Vitamin A	5,000 IU	100%
Vitamin C	60 mg	100%
Vitamin D	400 IU	100%
Vitamin E	30 IU	100%
Thiamin	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin	20 mg	100%
Vitamin B6	4 mg	200%
Folate	400 mcg	100%
Vitamin B12	25 mcg	417%
Pantothenic acid	10 mg	100%
Calcium	250 mg	25%
Iodine	150 mcg	100%
Magnesium	50 mg	13%
Zinc	15 mg	100%
Selenium	70 mcg	100%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%
Molybdenum	75 mcg	100%
Sodium	140 mg	3%
Potassium	400 mg	11%

Botanical Antioxidant Blend: 100 mg
mixed citrus polyphenols complex (hesperidin and other flavonones, flavonols, flavones, and quercetin), grape seed extract (95% proanthocyanidins), grape skin extract (55% polyphenols), pine bark 4:1 extract, mixed berry anthocyanin complex (allberry 100:1 extract) (25% anthocyanins), blueberry 10:1 extract and raspberry extract

Fiber Blend: 3 g
inulin, soy fiber, guar gum, xanthan (fructo-oligosaccharide extract of chicory root)

Metabolic Blend: 100 mg
green tea leaf extract (providing 45 mg epigallocatechin gallate (EGCG)), Korean ginseng root extract (4% ginsenosides), ginger root extract, and raspberry ketones

† Daily values not established. * Percent daily values are based on a 2,000 calorie diet.

Other Ingredients: Protein blend (soy protein concentrate, soy protein isolate), cane juice crystals, coconut oil powder (coconut oil, maltodextrin, food starch modified, mono and diglycerides, tricalcium phosphate), vitamin mineral blend (dicalcium phosphate, magnesium oxide, electrolytic iron, ascorbic acid, dl-alpha tocopheryl acetate, sodium polyphosphate, biotin, niacinamide, zinc oxide, inositol palmitate, copper gluconate, d-calcium pantothenate, manganese sulfate, cholecalciferol, folic acid, pyridoxine hydrochloride, thiamin mononitrate, riboflavin, chromium chloride, potassium iodide, sodium selenate, and cyanocobalamin), salt, silica, natural and artificial flavors, and xanthan potassium.

DIRECTIONS: Mix one scoop with 8 oz. of cold water or low fat milk. For a delicious treat mix in a blender with ice or your favorite fruit or fruit juice for a delicious smoothie!



Distributed by QuickTrim, LLC, 3750 Investment Lane Suite 2, West Palm Beach, FL 33404

