

NATURE'S TRUTH®

LOW DOSE SLEEP[†] MELATONIN GUMMIES

1 MG PER SERVING



Natural Cherry Pomegranate Flavor

NON-GMO • GLUTEN FREE • VEGAN

60 GUMMIES | DIETARY SUPPLEMENT

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Vegan Gummy
Servings Per Container: 60

Amount Per Serving	%Daily Value for Children 2 through 3 Years of Age	%Daily Value for Adults and Children 4 or more Years of Age
Calories	10	
Total Carbohydrate	2 g	1%***
Total Sugars	2 g	*
Includes 2g Added Sugars	8%***	4%**
Sodium	10 mg	1%
Melatonin	1 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

***Percent Daily Values are based on a 1,000 calorie diet.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Pectin, Citric Acid, Sodium Citrate, Natural Flavors, Natural Palm Leaf Glaze, Palm Oil, Black Carrot Juice Concentrate Color.

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Enjoy support for occasional sleeplessness and wake up feeling refreshed with gentle, yet effective Low Dose Melatonin Gummies![†]

DIRECTIONS: For teenagers and adults, take one (1) vegan gummy 30 minutes before bedtime as Melatonin may produce drowsiness. This product is intended for short term, occasional use only. Do not exceed recommended dosage. For children 2 years of age and older, take one (1) vegan gummy 30 minutes before bedtime as Melatonin may produce drowsiness. For best results, allow your child to sleep for more than 6 hours. Take only as directed. This product is intended for short term, occasional use only. Do not exceed recommended dosage. As a reminder, discuss the supplements and medications your child takes with their pediatrician.

FREE OF

Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Flavor, Artificial Sweetener.

WARNING: This product requires adult supervision and is not to be dispensed by children or teenagers. Not recommended for children under 2 years of age due to choking hazard. Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Consumption above recommended dosage may impair ability to drive a motor vehicle or operate heavy equipment. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place. Avoid excessive heat.

To ensure quality through expiration, this product was manufactured with higher ingredient levels than the indicated amount per serving.

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