

DIRECTIONS: For adults, take one (1) fast dissolve tablet daily, preferably with a meal.

FREE OF

Gluten, Yeast, Milk, Lactose, Soy,
Artificial Flavor, Preservatives.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

Carefully Manufactured by
Nature's Truth LLC
Bohemia, NY 11716 USA
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**OUR
NON-GMO
PLEDGE**
VISIT OUR WEBSITE

NATURE'S TRUTH

Fast Dissolve

B-12 *plus*
**FOLIC
ACID**

2,500 mcg

**NATURAL BERRY
FLAVOR**

NON-GMO • GLUTEN FREE • VEGAN

60 | **FAST DISSOLVE
TABLETS**

VITAMIN SUPPLEMENT

Supplement Facts

Serving Size: 1 Fast Dissolve Tablet
Servings Per Container: 60

Amount Per Serving	%Daily Value
Folate 666 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 2,500 mcg (as Cyanocobalamin)	104,167%

OTHER INGREDIENTS: Mannitol, Natural Flavors, Cellulose (Plant Origin), Beet Root Color, Croscopovidone, Dextrose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Sucralose, Silica.

**ESSENTIAL
B-VITAMINS**

**100%
QUALITY
SATISFACTION
GUARANTEE**



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B1132B