

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations: 1-2 capsules
30-60 minutes before bed, or as
directed by your healthcare
professional.

Warning: If pregnant, consult
your physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST,
WHEAT, GLUTEN, MILK/DAIRY, CORN PROTEIN,
SOY PROTEIN, EGGS, SUGAR, HYDROGENATED OIL,
ARTIFICIAL COLORING, ARTIFICIAL FLAVORING OR
PRESERVATIVES.

MADE IN THE USA



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Doctor/Pharmacist Formulated



Sleep Ease Complex

250mg

DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

serving size: 1 capsule

servings per container: 60

	amount per serving
Valeriana officinalis Root Extract	250mg*
(standardized to 0.8% Valerenic acids)	

* Daily Value not established

Other Ingredients: Silicated Cellulose,
Calcium Carbonate, Gelatin Capsule,
Leucine, and Silica.

Independently tested for
authenticity, potency, heavy metals,
solvent residue, herbicide & pesticide
residue, aflatoxins, stability and bacteria,
yeast and mold counts.

manufactured by
VITAL NUTRIENTS

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