

CLEAR. CALM. FOCUSED.



### Ashwagandha

This small shrub with yellow flowers has been used for over 3,000 years to relieve stress and anxiety while increasing energy levels and improving concentration. The Ashwagandha plant is native to India and Northern Africa.\*



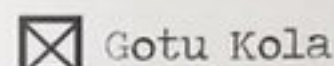
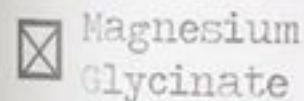
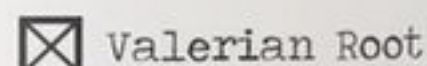
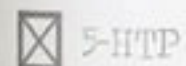
### L-Theanine

An amino acid, L-Theanine is most commonly found in tea leaves, with small amounts also present in Bay Bolete mushrooms. Research indicates that L-Theanine promotes relaxation without causing drowsiness.\*



### Rhodiola Rosea

This herb grows in the cold, mountainous regions of Europe and Asia. Used in both localities for centuries, Rhodiola is an adaptogen – a natural substance that when consumed helps the body adapt to stress.\*



# zenium



☰	Tranquility	No 90 capsules
1 month	powerful & natural anti-anxiety formula	

Dietary Supplement

**SUGGESTED USE:** Take two capsules in the morning with food and one capsule in the afternoon as needed. Do not exceed 4 capsules in a 24-hour period. If you have a known medical condition, consult with your doctor before taking this or any other supplement.

## Supplement Facts

Serving Size 2 Veggie Capsules

Servings Per Container 45

Amount per Serving	% Daily Value	
Vitamin D	400 IU	100%
Thiamin(B1)	2 mg	133%
Riboflavin(B2)	2 mg	117%
Niacin(B3)	20 mg	100%
Ashwagandha	400 mg	*
Magnesium Glycinate	200 mg	*
L-Theanine	200 mg	*

\* Daily Value not established

Other Ingredients: vegetable cellulose (capsule), Lemon Balm, Gota Kola, Valerian Root, 2-aminoethanesulfonic acid, Rhodiola Root, GABA, 5-HTP

Zenium

Lake Stevens WA 98258

*In Loving Memory of Amanda Shaw*

\*These Statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot Number  
200109