

BRAIN DIRECTED NUTRITION

brainMD
BY DANIEL AMEN, MD

SEROTONIN MOOD SUPPORT

Supports Healthy Mood
and Serotonin Balance*

120 VEGAN CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving		% Daily Value
Vitamin B ₆ (as pyridoxine HCl & pyridoxal-5-phosphate)	20 mg	1176%
Folate (as Magnafolate [®] calcium-L-5-methyltetrahydrofolate)	400 mcg DFE ¹	100%
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20833%
Satiereal [®] Saffron extract (Crocus sativus, stigma) [standardized to 0.34% (0.6 mg) safranal]	177 mg	†
5-Hydroxytryptophan (5-HTP)	100 mg	†

† Daily Value not established.

¹DFE = Dietary Folate Equivalents

Other Ingredients: Microcrystalline cellulose, Vegetable cellulose (vegetarian capsule), magnesium stearate, silica.